

# SAINT REPORT AND CREST

## Choosing Your Saint

You should look at the heroic lives of the Saints of the Catholic Church to select one particular Saint whose life serves as a model and patron for them during your life. Choose a Saint that you can relate to and whose life inspires you to strive for holiness. Do not just choose a name you like. You need to develop a spiritual relationship with your Saint so you can ask him or her to pray for you, like you ask family or friends to pray for you. The Saint you choose will be your Confirmation Saint. There are many books and web sites with information about the Saints, Wikipedia is not an accepted source! Some examples of acceptable sources are:

### Websites:

<http://saints.sqpn.com/>

[www.catholic.org/saints](http://www.catholic.org/saints)

<http://www.ewtn.com/saintsHoly/>

### Books:

*Butler's Lives of the Saints*

*Our Sunday Visitor's Lives of the Saints*

*Saints are not Sad* By F.J. Sheed

## Saint Report Guidelines

The Saint Report should answer the following questions:

1. When and where was your saint born? What was going on in the world during that time? (i.e. persecution, reformation, Middle Ages, etc.)
2. If the information is available, what was your Saint like when he or she was your age?
3. Did your Saint undergo a major conversion experience from living a poor Christian life to one of great virtue?
4. What virtues does your Saint possess?
5. What works or service is your Saint known for? (i.e. missionary, teacher, doctor, etc.)
6. What symbol(s), if any are associated with your Saint?
7. What is your Saint's Feast Day? (if they have one on the Liturgical Calendar)
8. How did your Saint die?
9. Is your Saint the patron of any group?
10. Discuss a specific devotion that is attributed to your Saint.
11. Why did you choose this Saint as your Confirmation Saint?
12. What about your Saint do you hope to imitate?

Reports should be two pages double-spaced not including pictures.

There should be a cover page with the student's name, the Saint's name, and whether you are a Religious Education, Holy Spirit School, or Home-school student.

## Saint Crest Guidelines

The Saint crest should include 4- 7 symbols that represent a virtue from your Saint that you admire. These virtues are things that you should want to make a part of your life. Symbols point to something other than themselves. We look at a symbol, but only in as much as we look through them. We look through them to that which they point towards. You will be provided with the crest to decorate as you wish. Be creative!

## SAINT PROJECT RUBRIC

### SAINT CREST

	1	2	3	4
Symbols	Does not have the necessary symbols	Has all 4 mandatory symbols and nothing more	Has all 4 mandatory symbols and 1-2 more	Has all 4 mandatory symbols and 3+ more
Presentation	Looks sloppy and thrown together at the last minute	Looks average, minimal effort	Looks great, much effort	Would be proud to post as a future example

### SAINT REPORT

	1	2	3	4
Content	<ul style="list-style-type: none"> <li>*Has little information about the Saint</li> <li>*Includes date of birth and death</li> <li>*No picture on cover</li> <li>*Doesn't explain crest</li> </ul>	<ul style="list-style-type: none"> <li>*Has average information about the Saint</li> <li>*Includes date of birth and death</li> <li>*Includes some facts about life of the Saint</li> <li>*Has picture on the cover</li> </ul>	<ul style="list-style-type: none"> <li>*Has interesting facts about the life of the Saint</li> <li>*Includes date of birth and death</li> <li>*Includes why the Saint is important</li> <li>*Has picture on the cover</li> <li>*Explains the crest in detail</li> </ul>	<ul style="list-style-type: none"> <li>*Has interesting facts about the life of the Saint</li> <li>*Includes date of birth and death</li> <li>*Includes why the Saint is important</li> <li>*Has picture on the cover</li> <li>*Explains the crest in detail</li> <li>*Talks about the works/writings of the Saint</li> <li>*Explains why you chose the Saint as your patron</li> </ul>
Length	Less than 1 page	1 page	1 ½ - 2 pages	2 pages

**Total Crest Points: \_\_\_\_\_/4**

**Total Report Points: \_\_\_\_\_/4**

**Total Points: \_\_\_\_\_/8**