

### Planning

8

Parish Evangelization Project (PEP)

A one-day door-to-door home visitation project

by
Lisa Opatz
Active Legionary since 2015
President
Our Lady Queen of All Saints Praesidium
St. Mary of Sorrows Catholic Church
Fairfax, VA

## The Legion of Mary praesidium will facilitate the PEP including:

- 1. Planning the Day
- 2. Providing experienced workers
- 3. Making the assignments
- 4. Ordering and preparing Hand-outs, Sacramentals, and Supplies
- 5. Explaining the Approach
- 6. Preparing Report to Pastor (from data collected by workers)

## 1. Planning the Day Meet with pastor or spiritual director

Meet with pastor or spiritual director at least 2 months before the date of the PEP

- Pick a Date:
  - -Saturday
  - -Morning Mass
  - -Church Hall availability
- Plan the schedule for the day
- Discuss responsibilities of parish and Legion, and possible assistance from other parish ministries:
  - -Menu (and budget)\* for Breakfast
  - -Menu (and budget)\* for Lunch
  - -Catholic literature and sacramentals to be given out, and supplies (and budget)\*

\* Note: Funding of all PEP expenses is the responsibility of the parish, not the praesidium.

### 1. Planning the Day Schedule for the Day

9:00am Morning Prayer

9:15am Mass

10:00am Sign-In / Breakfast / Prayer (Tessera-Opening Prayers and Rosary) / Training /

Team Assignments

11:00am Door-to-Door Visitation by Teams

1:00pm Lunch

2:00pm Tessera-Catena

Wrap-Up Session (Teams report on

visitation)

3:00pm Tessera-Closing Prayers

Conclusion

### 1. Planning the Day

### Menu and Budget for Breakfast & Lunch (to feed 70-80 volunteers)

#### Breakfast Menu

Jimmy Dean Breakfast Sandwiches (egg and sausage)

\$240 Yogurt (assorted flavors/individual servings)

Costco Fruit (strawberry/blueberry/banana salad) grapes

(paid by Mini Muffins (assorted flavors)

Parish) Banana Bread

Water bottles (4oz)

Juice (bottled/orange)

50 Coffee (regular/decaf), cream, sugar

(provided Tea (hot water)

by Parish) Water (iced w/lemon)

#### **Lunch Menu**

\$0 Burgers (grilled) w/buns, toppings and condiments

(donated, Hot Dogs (grilled) w/buns, toppings and condiments

prepared, Macaroni Salad

served by Baked Beans

KoC Chips (assorted flavors/individual servings)

Council) Soda (assorted flavors/individual servings)

Dessert (cookies/assorted flavors)

### 2. Providing Experienced Workers Recruitment

- -No experience required
- -Teenagers under age 18, must be accompanied by adults
- -Sign-up Form
  - electronic
  - paper
- -Point of Contact
- Announcement in Parish Bulletin
- Announcement at Mass
- Recruit legionaries from other praesidia
- Expected results: average 40-50 volunteers (but could be more depending on date of event and recruitment effort)

### 2. Providing Experienced Workers

Sign-Up Form (paper & electronic)



Parish Evangelization Event Saturday, August 4, 2018 St. Mary of Sorrows Catholic Church 5222 Sideburn Road, Fairfax, VA 22032

Join the Legion of Mary as we visit neighborhood hon invite people to learn about St. Mary of Sorrows parish and the Catholic faith.

No experience is necessary; training and meals will be provided.

#### Schedule:

9:00 a.m. Morning Prayer 9:15 a.m. Mass

10:00 a.m. Breakfast / Training / Team Assignments
11:00 a.m. – 1:00 p.m. Home Visitation by Te

1:00 p.m. Lunch 2:00 p.m. Teams Report on the Homes Visit d

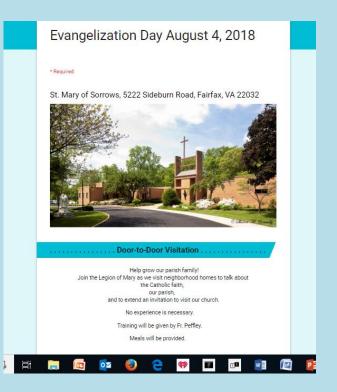
3:00 p.m. Conclusion

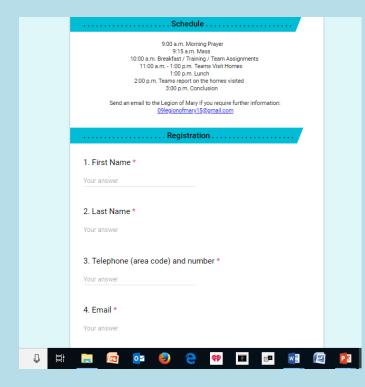
Send an email to the Legion of Mary if you require further information:

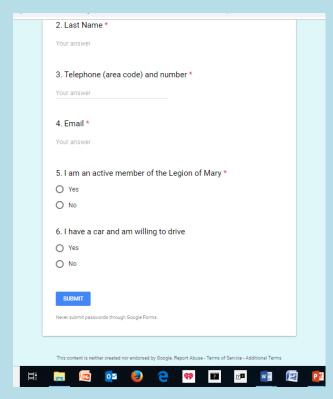
09legionofmary15@gmail.com

Two ways to sign-up: Register online: www.stmaryofsorrows.org (click on "Web Link", then click on "August 4th Evangelization Day Sign-Up Form") or Leave completed Sign-up Form (below) with a Legion of Mary member or with the Receptionist at the Worship Center
Receptionist at the worship center
August 4, 2018 Parish Evangelization Event Sign-Up Form
Name: (first / last)
Telephone: (area code) number
Email:
I have a car and am willing to drive: Yes No
I am an active member of the Legion of Mary: Yes No

# 2. Providing Experienced Workers Sign-Up Form (electronic)

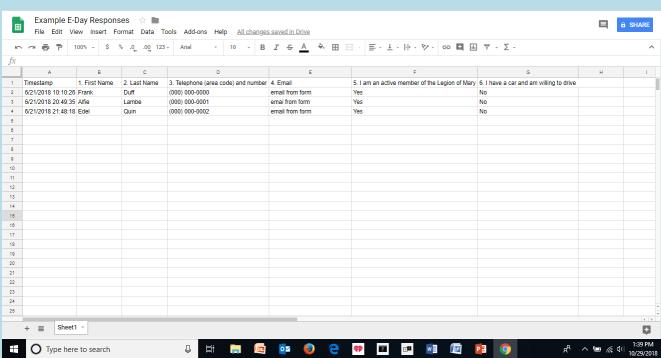






### 2. Providing Experienced Workers Sign-Up Form (electronic)





### 2. Providing Experienced Workers Nametags



Avery product 88395 using Avery template 5395

1 pkg of 20 adhesive sheets (8 badges/sheet) \$32.99
Photo of Church
Name of Church
Volunteer's first name (large font)
Volunteer's last name (smaller font)

#### 2. Providing Experienced Workers Point of Contact



Par sh Evangelization Event S turday, August 4, 2018 St. Mar of Sorrows Catholic Church 5222 Sid burn Road, Fairfax, VA 22032

Join the Legion o Mary as we visit neighborhood homes and invite people to learn about St. Mary of Sorrows parish and the Catholic faith. No experience is necessary; training and meals will be provided.

#### Schedule:

9:00 a.m. Morning Prayer 9:15 a.m. Mass

10:00 a.m. Brekfast / Training / Team Assignments 11:00 a.m. – 1 00 p.m. Home Visitation by Teams 1:00 p.m. Lunch

2:00 p.m. Tams Report on the Homes Visited 3:00 p.m. Conclusion

Send an email to the Legion of Mary if you require further information: 09legionofmary15@gmail.com

Two ways to sign-up:

Register online: www.stmaryofsorrows.org

(click on "Web Link", then click on "August 4th Evangelization Day Sign-Up Form")

Leave completed Sign-up Form (below) with a Legion of Mary member or with the Receptionist at the Worship Center

August 4, 2018 Parish Evangelization Event Sign-Up Form Name: (first / last) ------Telephone: (area code) number ------I have a car and am willing to drive: Yes ----- No -----I am an active member of the Legion of Mary: Yes ----- No -----

### 2. Providing Experienced Workers Announcement in Parish Bulletin

(weekly for 4 weeks prior to event)

#### Evangelization Day August 4th Door-to-Door Visitation



Image courtesy of Sharon Connolly

Help grow our parish family! Join the Legion of Mary as we visit neighborhood homes to talk about the Catholic faith, our parish, and to extend an invitation to visit our church. No

experience is necessary. Training will be given by Fr. Peffley. Meals will be provided.

#### Schedule

9:00 am Morning Prayer; 9:15 am Mass 10:00 am Breakfast / Training / Team Assignments 11:00 am - 1:00 pm Teams Visit Homes 1:00 pm Lunch 2:00 pm Teams report on the homes visited 3:00 pm Conclusion

#### Registration

Please visit St. Mary's website: www.stmaryofsorrows and click Web Links (on the blue bar) and then scroll down to click on Legion of Mary for easy online registration.

Please send an email to the Legion of Mary if you require further information, 09legionofmary15@gmail.com.

# 2. Providing Experienced Workers Announcement at Mass (made by Legionary 1 week before event at every Mass)

St. Mary of Sorrows PEP, August 4, 2018

Volunteer Recruitment Speech to be read at all weekend Masses after Communion:

Hello, my name is Lisa Opatz, and I am a member of the Legion of Mary. On Saturday, August 4 our parish will conduct an Evangelization Event. We need volunteers and I am asking for your help. Volunteers will go out in teams of 2 and each team will visit about 20 homes in neighborhoods around the Parish Center.

We will invite people we meet to learn about St. Mary of Sorrows parish and the Catholic faith. To everyone we meet we will offer a packet containing literature about the Catholic faith, a church bulletin, and an invitation from Fr. Barkett to get to know us.

We anticipate meeting other Catholics who are active in the faith, and some who might be inactive for one reason or another. We will also meet people of other faiths, and people who are non-religious. Our approach to all those we meet will be that of charity and respect. And speaking from experience most will accept the packet and appreciate our stopping by.

No experience is necessary to volunteer as Fr. Peffley will conduct a training session before we go out. Also, we will pair up non-experienced volunteers with members of the Legion of Mary and others who have experience in this type of door-to-door visitation.

We will begin the day of the Evangelization Event by attending Mass at 9:15am here in the Worship Center. After Mass we will gather in Farrell Hall for breakfast which the parish will provide for us. Fr. Peffley will conduct a training session. We will team up (1 non-experienced volunteer paired up with 1 experienced volunteer). We will then go out to visit homes. When we return (about 90 minutes later) the Knights of Columbus will treat us to lunch. At the close of our Evangelization Event we will have a brief wrap-up session which will end by 3pm.

I will be at the Legion of Mary table in the vestibule after Mass to answer any questions you may have about the Evangelization Event; and, if you'd like to sign up to volunteer, you can do so at the table. You can also sign-up electronically by visiting the parish website. See today's bulletin for instructions. Thank you for considering being a part of this important community outreach.

Legionaries man sign-up table after all Masses with paper copies of Sign-up Form and pens

### 3. Making the Assignments

- Choose a work assignment sheet based on the information your pastor or spiritual director wishes to be compiled
  - Customize (make your own)
    - House numbers and Street names
  - Standard Legion Door-to-Door Visitation
    - Street names with odd/even house numbers
- Using map of parish boundaries, select areas/ neighborhoods close to church (to reduce travel time by volunteers)
- Create each work assignment by listing 25 homes or 40 townhomes and attach corresponding map
  - Assign a number to each assignment sheet and corresponding map
- Create enough work assignments for volunteers teaming up in 2s (and 5-10 extras for last minute volunteers)

## 3. Making the Assignments Customized Work Assignment Sheet

St. Mary o	of Sorrows Catholic Church	h, 5222 Sideburn Road, F	airfax, VA 22032
Evangelia	zation Day August 4, 2018	- Work Assignment and	Tally Sheet (12)
2			

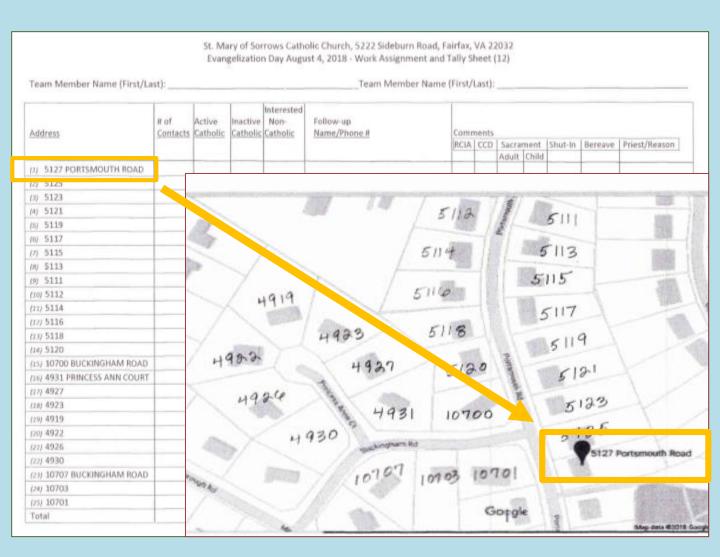
Team Member Name (First/Last): Team Member Name (First/Last): Interested Inactive Non-# of Active Follow-up Contacts Catholic Catholic Catholic Address Name/Phone # Comments RCIA | CCD | Sacrament | Shut-In | Bereave | Priest/Reason Adult Child (1) 5127 PORTSMOUTH ROAD (2) 5125 (3) 5123 (4) 5121 (5) 5119 (6) 5117 (7) 5115 (8) 5113 (9) 5111 (10) 5112 (11) 5114 (12) 5116 (13) 5118 (14) 5120 (15) 10700 BUCKINGHAM ROAD (26) 4931 PRINCESS ANN COURT (17) 4927 (18) 4923 (19) 4919 (20) 4922 (21) 4926 (22) 4930 (23) 10707 BUCKINGHAM ROAD (24) 10703 (25) 10701 Total

## 3. Making the Assignments Map of Customized Work Assignment Sheet

AUGUST 4, 2018 WORK ASSIGNMENT 12: 5127 PORTSMOUTH ROAD



# 3. Making the Assignments Customized Work Assignment Sheet and corresponding Map



# 3. Making the Assignments Standard Legion Door-to-Door Visitation Work Assignment Sheet

House #	Contacts		Act.	Reg.	Inact.	Follow-	Comments	House #	Contacts	Non-	Act.	Reg.	Inact.	Follow-	Comments
10723		Cath.	Cath.	St. M.	Cath.	up		1.		Cath.	Cath.	St. M.	Cath.	up	
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	16	Cath.	Cath.	St. M.	Cath.	Follow- up	Comments	House #	Contacts	Non- Cath.	Act. Cath.	Reg. St. M.	Inact. Cath.	Follow- up	Comment
tes:								Notes:							

- Parish-specific
  - Parish Bulletin (week of event)
  - FORMED program
  - Capital Campaign or parish-specific event
  - Letter from Pastor (create your own)
- Catholic Literature (pamphlets)
  - Infinite Value of the Holy Mass \$7.00 for 50 pack from shopmercy.org
  - A Guide to Confession
     \$2.50 for 50 pack from KoC
  - Top 10 Questions Catholics are Asked
     \$13.50 for 50 pack from Lighthouse / Augustine
  - Top 10 Reasons to Come Back....
     \$13.50 for 50 pack from Lighthouse / Augustine

- Blessed Sacramentals\*
  - Rosary and pamphlet entitled "Pray the Rosary Daily"
     \$22.50 for 50 pack from Arlington Regia
  - Miraculous Medal w/leaflet 50 pks Chain \$20.00; Medal \$10; Leaflet \$2.50 from Arlington Regia
- Paper Tote Bags
  - \$7.49 for 12 pack (8x10.25x4.25) from Joann Fabrics
- Clear Bags
  - \$2.30 for 100 pack 6x12+Hangar (6x15) from Clearbags.com, product DK5
- Work Assignment Sheet and Map

Pens

\* Have all Sacramentals blessed before distribution





Time needed for assembly of 800 packets (2-part process):

- \*Part 1: Approx. 20 man hours (pre-ordered materials)
- \*Part 2: Approx. 33 man hours to fold/insert bulletin into packets and assemble 40 work assignment bags to include assignment sheets, packets, and sacramentals

# Ordering and preparing Hand-outs, Sacramentals, and Supplies Letter from Pastor

### St. Mary of Sorrows Catholic Church





We came by to extend a personal greeting

#### St. Mary of Sorrows Catholic Church

Parish Center: 5222 Sideburn Rd, Fairfax, VA 22032 Historic Church: 11095 Fairfax Station Rd, Fairfax Station, VA 22039

www.stmaryofsorrows.org (703) 978-4141

Weekend Mass Schedule

Parish Center: Sat: 5:00pm; Sun 7:30am, 9:00am, 11:00am, 12:30pm;

Sun. Youth Mass: 5:00pm (September-May)

Historic Church: Sun: 9:30am

Daily Mass Schedule

Parish Center: Mon-Sat: 9:15am (Morning Prayer: 9:00am)

Historic Church: Mon-Fri: 6:30am

Eucharistic Adoration

Parish Center: Mon, Wed, Fri: after 9:15am Mass-12:00pm

Historic Church: Fri: 7:30pm

Sacrament of Reconciliation (Confession)
Parish Center: Mon: 10:00am; Wed: 6:30pm-7:00pm;

Sat: 3:3opm-4:3opm; or by appointment

Sacrament of Anointing of the Sick Call duty priest (703) 978-4141

Sacrament of Marriage

Completion of a marriage preparation program is required.

(Make arrangements six months in advance.) Call ext. 100

Sacrament of Baptism

Call ext. 115

Rite of Christian Initiation of Adults (RCIA)

For non-Catholics wishing to explore the Catholic faith. Call ext. 103

1

Dear Neighbor,

On my behalf, as pastor of St. Mary of Sorrows Catholic Church, some of my fellow Catholics are visiting your neighborhood with informational packets on who we are and what we are about.

To the parishioners of St. Mary of Sorrows and of other Catholic churches, please accept this information which reflects the doctrines and rich traditions of our faith.

If you are Catholic and new to the area, welcome! I invite you to become a member of our parish family. Visit the Parish Center to register

Are you an inactive Catholic? Regardless of why you left or got out of the habit of going to Mass, you can always come home. Not sure how? Give me a call; I am ready to help you rediscover your faith. You are missed, and the Church is not the same without you.

If you are thinking about becoming Catholic or are just curious about the Catholic faith, I invite you to attend St. Mary's clergy-led program, Rite of Christian Initiation of Adults (RCIA).

May the blessing of Almighty God fill your heart with love and your home with peace. Know that you are remembered in my daily prayers and in those of the clergy here at St. Mary of Sorrows.

In Christ through Mary, Reverend James S. Barkett



Our Lady of Sorrows, pray for us!

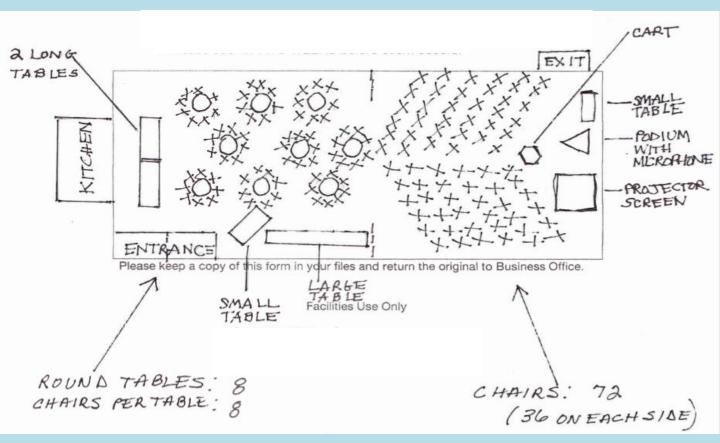
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3

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### 5. Explaining the Approach

#### Setting up the Room



#### Things to Consider:

Adequate seating for meals and training

Sign-in / registration table and nametags

Buffet table from which to serve breakfast & lunch

Table on which to place assignment bags

**Legion Altar** 

Tessera & Frank Duff Beatification Prayer (adequate supply or electronic version)

Podium and microphone

Audio/Visual equipment (laptop, projector, screen)

### 5. Explaining the Approach On the day of the PEP...

#### **After Mass**

(Request that Breakfast food be blessed by Mass celebrant before ending Mass)

Sign-in table – Praesidium legionaries to:

- Greet each volunteer
- Give volunteer his/her preprinted nametag
- Check-off volunteer from roster
- Have blank sign-up forms and nametags ready to be filled out by last minute volunteers
- Invite volunteers to eat breakfast

Breakfast – Praesidium legionaries to:

Serve or assist ministry providing breakfast

# 5. Explaining the Approach On the day of the PEP... After Breakfast

Legionary (usually praesidium president) speaks from podium with microphone:

- Welcomes and thanks volunteers, recognizing by name all clergy, deacons, nuns, or seminarians
- Gives special mention to volunteers who have traveled a long distance to participate
- Invites volunteers to pair up in teams of 2, nonexperienced with experienced, non-drivers with drivers, take an assignment bag (1 per team), and sit with partner in training area
- Tessera Prayers (Opening Prayers and Rosary)
- Explains the work
  - assignment sheets and maps
  - how to fill out the assignment sheets
  - contents of handouts
- Answers any questions
- Gives microphone over to Spiritual Director for visitation training (how to approach contacts, what to say, when to offer sacramentals, etc.)

### 5. Explaining the Approach On the day of the PEP...

# After Explaining the Approach and Training Legionary (usually praesidium president) speaks from podium with microphone:

- Sends teams out for 1-1/2 2 hour work assignment (supply water bottles)
- At least one Legionary stays behind to:
  - Remove untaken assignment bags
  - Clean up after breakfast, prepare for lunch
  - Be Point of Contact for any volunteers

#### **Upon Return from Visitation**

- Welcomes back volunteers
  - Volunteers to hold onto assignment bags and sheets
  - Encourage volunteers to eat lunch as they arrive
  - Legionaries to serve or assist ministry providing lunch

### 5. Explaining the Approach On the day of the PEP...

#### After Lunch

Legionary (usually praesidium president) speaks from podium with microphone:

- Asks volunteers to gather in training area, sitting with partner, bringing assignment bag and sheet
- Tessera Prayers (Catena)
- Begins Wrap-Up Session
  - Praesidium legionaries collect assignment bag and sheet from each team
  - Each team comes to podium to share one or two assignment highlight(s)

#### **Conclusion**

- Tessera Prayers (Concluding Prayers)
- Prayer for Beatification of Frank Duff

Dismissal

# 6. Preparing Report for Pastor Praesidium to tally results of all Work Assignment Sheets



#### The Legion of Mary

Our Lady Queen of All Saints Praesidium

5222 Sideburn Road Fairfax, VA 22032 09legionofmary15@gmail.com

#### St. Mary of Sorrows Catholic Church, Fairfax, Virginia Report on Parish Evangelization Day - August 4, 2018

Our Blessed Mother graced us with a beautiful summer day on Saturday, August 4, 2018 when St. Mary of Sorrows Catholic Church conducted a Parish Evangelization Day, Door-to-Door Visitation, under the guidance of Fr. Francis Peffley, Spiritual Director of Our Lady Queen of All Saints Praesidium. Seventy volunteers formed 30 teams and visited residents of the Country Club View, Bonnie Brae, and Kings Park neighborhoods which are near the Parish Center. Among the 70 volunteers were 2 priests: Fr. Shelton and Fr. Peffley, our visiting seminarian, Robert Wagner, 13 non-Legion members, and 58 Legionaries from our praesidium (active and auxiliary) and other praesidia within the Arlington Regia.

The day began with our parish Mass at 9:15am. Volunteers were then treated to breakfast provided by the parish, after which they gathered for the recitation of the Opening Prayers of the Tessera and rosary led by Fr. Peffley, and a training and assignment session.

Volunteers paired up into teams, and each team took a bag containing an assignment sheet of 20-25 homes they were to visit and a packet for each home to be visited. The packet containing Catholic literature on the Eucharist, Reconciliation, a personal greeting from our pastor, a parish-specific Formed.org card, and a church bulletin was left at every home whether or not contact was made. Blessed rosaries made by Our Lady of Perpetual Help Rosary Makers of our parish, and Miraculous Medals were also in the bags for volunteers to offer.

At each Catholic home where a contact was made, the volunteers asked if there was any way in which the church could be of help: that is, if there was a desire to have their house blessed by a priest or deacon, a home enthronement to the Sacred Heart, or Holy Communion brought to a homebound family member. The volunteers also asked if there were any other sacramental needs. Non-Catholics were invited to learn about St. Mary of Sorrows Parish and the Catholic faith.

The volunteers visited 553 homes and made 308 contacts. To people who admitted being inactive Catholics, volunteers encouraged them to return to the Church. A follow-up was needed for the following: one non-believer requested spiritual guidance; one inactive Catholic requested a visit by a priest; there was one request for transportation to Mass for an elderly mother; one requested an Extraordinary Minister bring Holy Communion every Sunday; there was one request for Baptism for a child; an inactive father was interested in returning to the Church and stated that his two children needed sacraments; one was interested in religious education for a child.

After the completion of the 2-hour work assignment, volunteers were treated to a hearty, all-American lunch of grilled hot dogs, hamburgers, chili, and chips which our Knights of Columbus Council 8600 provided. During our wrap up session after lunch, teams were encouraged to report on highlights of their visits. We concluded the day at 3:00pm with the recitation of the Concluding Prayers of the Tessera.

#### **NOTES**