PENTECOST



Holy Spirit Catholic Church

8800 Braddock Road Annandale, Virginia 22003 - 4165

PARISH STAFF

Rev. John M. O'Donohue, Pastor

Rev. Carroll L. Oubre, Parochial Vicar

Rev. Peter O. Okola, AJ, Parochial Vicar

Rev. Hagos Tesfagabir, Spiritual Director for the Medhanie Alem Ge'ez Rite Eritrean Catholic Community

Deacon Nicholas J. LaDuca, Jr.

Deacon Tom Grodek

Deacon Malcolm D'Souza

PASTORAL CENTER

5121 Woodland Way 703-978-8074

Fax: 703-978-9671

Website: www.holyspiritchurch.us E-mail: parish@holyspiritchurch.us

Hours

Monday - Friday 9:00 AM - 1:00 PM

HOLY SPIRIT SCHOOL

Maureen Ashby, Principal 8800 Braddock Road

703-978-7117

Fax: 703-978-7438

Website: www.holyspiritflames.org

RELIGIOUS EDUCATION

Anson Groves, Director of Religious Education 8800 Braddock Road

703-978-8925

E-mail: religious.ed@holyspiritchurch.us

CHILD PROTECTION

Lambie Renner, Child Protection Coordinator 703-425-8778, x2

E-mail: childprotection@holyspiritchurch.us

SUNDAY MASSES

Saturday Vigil Mass: 5:30 PM Sunday: 7:30, 9:00 & 10:30 AM 12:00 & 6:00 PM

WEEKDAY MASSES

Monday-Friday: 6:30 & 9:00 AM Saturday: 9:00 AM

SACRAMENT OF PENANCE

Monday and Friday at 7:00 PM Tuesday and Thursday at 6:00 AM and 8:30 AM Saturdays at 3:30 PM (all sessions--until line ends)

SACRAMENT OF BAPTISM

Sundays at 1:15 PM

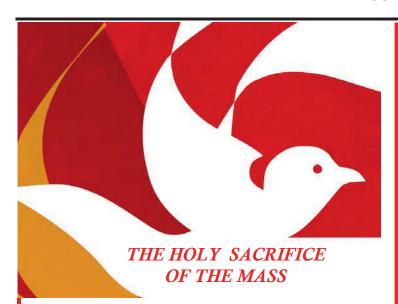
Baptismal preparation class is held the second Saturday of each month at 10:00 AM

SACRAMENT OF MATRIMONY

Diocesan regulations require that you contact one of the Holy Spirit clergy at least six months before the wedding to begin preparations.

ANOINTING OF THE SICK AND HOME VISITATION

By request. If you or another parishioner you know are unable to attend Mass, please call the Parish Office to make arrangements to receive the Eucharist at home.



Sunday, May 31st

Intentions of Thanhha Nguyen 7:30 AM Daniel O'Donohue 한 9:00 AM Dolores Miller 한 10:30 AM Holy Spirit Parish 12:00 PM Dolores Miller 한 6:00 PM

Monday, June 1st

Tuesday, June 2nd

Dolores Miller 라 6:30 AM Ann Henley 라 9:00 AM

Wednesday, June 3rd

Michael Cleveland 육6:30 AM Romayne Polanin 육 9:00 AM

Thursday, June 4th

Ignacio Enrique Domingo 육6:30 AM Tom Branagan 육 9:00 AM

Friday, June 5th

Saturday, June 6th

HOLY SPIRIT CHURCH

Parish Calendar available at www.holyspiritchurch.us

Sunday, May 31st, Pentecost Sunday

Masses at 7:30, 9:00 & 10:30 AM (with live streaming too); 12:00 & 6:00 PM: Please sign-up on our website to attend!

Monday, June 1st

Masses: 6:30 & 9:00 AM Confessions: 7:00 PM

Tuesday, June 2nd

Masses: 6:30 & 9:00 AM Confessions: 6:00 & 8:30 AM

Wednesday, June 3rd

Masses: 6:30 & 9:00 AM *No 7:00 PM Confessions 8th Graduation, Church, 7:00 PM

Thursday, June 4th

Masses: 6:30 & 9:00 AM Confessions: 6:00 & 8:30 AM

Friday, June 5th

Masses: 6:30 & 9:00 AM Confessions: 7:00 PM

Saturday, June 6th, The Most Holy Trinity

Masses: 9:00 AM & 5:30 PM Confessions: 3:30 PM

Sunday, June 7th, The Most Holy Trinity

Masses at 7:30, 9:00 & 10:30 AM (with live streaming too); 12:00 & 6:00 PM: Please sign-up on our website to attend!



THE RETURN TO THE PUBLIC CELEBRATION OF THE MASS

We will be following the diocesan guidelines for Phase One for the celebration of the Mass. Due to social distancing requirements, we will be able to accommodate only a limited number of parishioners per Mass. To secure a seat to attend Sunday Masses (to include the Vigil), one will have to register online at the parish website or by calling the parish office. All parishioners are expected to wear face coverings and it is expected that they will bring their own. Other safety protocols will be in place, which will be publicized in advance on the parish website. Bishop Burbidge, until further notice, has continued the dispensation from the obligation to attend Mass on Sundays and Holy Days of Obligation. Those who are 65 years old or older, as well as those with underlying health conditions, are advised to avoid gatherings of the general public.



Thank you to all of the parents and students who participated in Holy Spirit School's virtual art show and field day. A special thank you to Mrs. Liss and Coach Gregas for their creativity, time and effort in planning these events. It may not have been what we initially envisioned these events to look like, but it certainly was a lot of fun!

Prospective families may call the school at 703-978-7117 for enrollment information.

WOULD YOU LIKE A LINK TO THE PARISH BULLETIN DELIVERED TO YOUR EMAIL INBOX WEEKLY?

Would you like to stay better connected to what's happening in the parish? There are two ways you can access the bulletin in digital form:

 To sign up to have a link to the bulletin emailed to you weekly:

Go to discoverMass.com:

Fill in the name of the parish, and city and state, as requested on the screen which appears. On the next screen, click on **View Bulletins** (it's in very small type). Under Email Notifications, click on the button **SIGN UP TODAY**. Then fill in your name and email address, and a link to the current week's bulletin will be emailed to you each week.

• To view the bulletin on the Holy Spirit website:

Go to: holyspiritchurch.us:

Then click on Bulletins in the upper right hand corner of the screen. The bulletin is uploaded each week, and the most recent seven issues can also be found there.



Militia Immaculata

Our next meeting is **June 1**st, **at 3:30 PM.** Join us online as we pray for the conversion of souls and peace on earth! We can still come together even with this social distancing. Check it out at holyspiritchurch.us/militia-immaculata.

HIGH SCHOOL

High School Youth Group Sunday Nights are Now Online due to the FCPS and Government guidelines about Coronavirus and our responsibilities as a community. **Our next meeting is 7:00 PM, May 31**st. Make sure to check out our website for more information. Told you, we'd be back!!

Fiat and Band of Brother's

Join us for our virtual meeting on Wednesday, June 3rd, at 7:30 PM. For more information and to register visit holyspiritchurch.us/youth/high-school/.

MIDDLE SCHOOL

COR UNUM Middle School Small Groups are "Virtual" on June 5th, at 3:30 PM. Stay tuned for information on what we've got going on for our middle school small groups. They are held two Fridays a month from 3:30-5:00 PM. Cor Unum is small groups (single sex) for 7th and 8th graders. For more information and for forms to sign-up for Cor Unum go to holyspiritchurch.us/youth.

FORMED-THE CATHOLIC FAITH ON DEMAND is one option for parishioners to use to be entertained with a movie or to seek to grow in our faith. The information for our parish account is a follows:

Your Parish link to Formed: holyspiritchurch.us/formed/

Formed Parish Password: Y4CJ76

THE FOLLOWING LINKS offer information on live stream Masses, prayer guides and the work of Catholic Charities:

https://www.arlingtondioces.org/covid19resources/

PLEASE CONSIDER ADDING 'SEARCHING FOR MORE' TO YOUR PODCAST LIST!

'Searching for More' features interviews and discussions on a range of topics affecting Catholics in today's world. Guests include clergy, local Catholics, doctors, technology experts, Catholic news anchors, and even Hollywood actors starring in epic biblical dramas. In addition to interviews, some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese. The podcast is dedicated to the patronage of our diocesan saint, St. Thomas More. 'Searching for More' joins the 'Walk Humbly' and 'Catholic Herald' podcasts as diocesan audio offerings.

https://www.arlingtondiocese.org/searchingformore/



PENTECOST SUNDAY, MAY 31st

"To each is given the manifestation of the Sprit for the common good." 1 Corinthians 12:7

To receive the gift of the Holy Spirit you must open your heart and invite Him in! Ask the Holy Spirit to guide your thoughts, words and actions every day! Be grateful for all the gifts God has given you. Regardless of our individual circumstances, God has given all of us many blessings. What we do with those gifts is our gift back to God! By generously sharing everything we have and everything we are, we become more "God-centered" and less "self-centered" and our lives truly reflect God's light, love and mercy.

WE PRAY FOR THOSE IN THE MILITARY AND SUPPORT SERVICES OVERSEAS

"May the peace of God's presence <mark>and our concern</mark>
for them give them strength"

Maj. Robert J. Bowen

1st Lt. Lydia Rachel Eng
Brian Harper
Capt. Patrick Kelly
LCDR Mike Lee
SSG Greg Manning
Capt. Jose Rodriquez

1st Lt. Andrew Stanford

1st Lt. Jake Conrad CPL John Gundling Capt. Sgt. Andrew J. Houston Capt. Michael Kopa, Jr. Spec. Jonathan Levine Lt. Cory Rank LCDR Patrick Ronan THAT MAN IS YOU! Virtual Summer, 7:30-8:30 AM

Here is the Zoom link for our TMIY virtual summer Saturday sessions starting June 13th, July 11th and August 8th:

https://us02web.zoom.us/j/87670891279

Please Call Sean Roberts with any Zoom technical questions at 703-640-4157 mobile.

Sessions will follow the same format:

7:30 AM-Deacon Nick will start us off with a prayer, followed by a 20-30 minute video (topics will vary)

8:00 AM - Group discussion

TMIY! will resume again in September.

PRAYER TO THE HOLY SPIRIT

Every day for five minutes silence your imagination, shut your eyes and ears to the sights and sounds of the world and withdraw into yourself and there, within the sanctuary of your baptized soul, which is the temple of the Holy Spirit, talk to Him thus:

O Holy Spirit, soul of my soul, I adore You.

Enlighten me, guide me, strengthen me, comfort me.

Tell me what I should do, give me Your orders;
I promise that I will submit to all that You desire of me

And accept all You allow to happen to me.

Grant me only to know Your will.

PRAYERS FOR THE SICK

William V. Arbacas, III Rebecca B. Katherine Beutner Eleanor Colahan Walter Joe Coleman Catherine Rose Chen Rafael Fitzsimmons Helena Hufschmitt Alexandria Malone The Rowsey Family Catherine Shonka Patricia Shimones Bert van den Horn



Luis Arciniega
Lise Banach
Edythe Bonato
John S. Gillies
Anthony Girata
Jon R. Johnson
Bruce Kind
Donna MacCabe
David Roth
Andrea Sturken
Doris Trunfio
Brian Vibert



Mass Resumes Friday, May 29, 2020

At Holy Spirit

Dispensation

All the faithful of the Diocese of Arlington continue to be dispensed from the obligation to attend Mass on Sundays and holy days of obligation until further notice.

Public Worship Resumes

But the congregation size is strictly limited to a maximum of up to 50% seating capacity with social distancing of at least six feet. (Families and members of the same household are exempt from these six-foot social distancing requirements.)

Mass Schedule

The normal schedule for both weekday and Sunday Masses will commence effective May 29.

Registration

To secure seating to attend Sunday Masses (to include the Vigil Mass), registration is required. Either go to the parish website to reserve seating or contact the parish office (703-978-8074) for assistance.

Health & Safety Protocols
It is expected that those attending will wear a face mask. Please bring your own. It is also expeced that those attending will disinfect their hands before entering the church and again immediately before receiving Communion.

Caution

There remains an inherent risk in coming to church at this time. If you or those for whom you care are vulnerable to infection, Bishop Burbidge encourages you to stay home until the dispensation from attending Mass is lifted. If you feel sick in any way, please avoid coming to church.

It'll take an army of faithful to help clean. Join usl holyspiritchurch.us

Prayer to Jesus for Healing and Guidance

Jesus, Son of God, you were sent by the Father to bear our weakness; be with us in this time of crisis.

Merciful Savior, heal and comfort the sick, so that, with health restored, they may give you praise.

Divine Physician, accompany our caregivers so that, serving with patience, they may heal wisely.

Eternal Wisdom, guide our leaders so that, seeking remedies, they may follow your light.

Christ, the Anointed, protect us in body and spirit, so that, freed from harm, we may be delivered from all affliction.

Who live and reign with God the Father in the unity of the Holy Spirit, one God, forever and ever.

Amen.





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