

FIRST SORROWFUL MYSTERY

The Agony in the Garden

FIRST SUNDAY OF LENT



Holy Spirit Catholic Church

8800 Braddock Road
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Virginia 22003 - 4165

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Rev. Carroll L. Oubre, Parochial Vicar
Rev. Peter O. Okola, AJ, Parochial Vicar
Rev. Hagos Tesfagabir, Spiritual Director for the
Medhanie Alem Ge'ez Rite Eritrean
Catholic Community
Deacon Nicholas J. LaDuca, Jr.
Deacon Tom Grodek
Deacon Malcolm D'Souza

PASTORAL CENTER

5121 Woodland Way
703-978-8074
Fax: 703-978-9671
Website: www.holyspiritchurch.us
E-mail: parish@holyspiritchurch.us

Hours

Monday - Friday 8:30 AM - 8:00 PM
Saturday 9:30 AM - 5:30 PM
Sunday 9:00 AM - 1:00 PM

HOLY SPIRIT SCHOOL

Maureen Ashby, Principal
8800 Braddock Road
703-978-7117
Fax: 703-978-7438
Website: www.holyspiritflames.org

RELIGIOUS EDUCATION

Anson Groves, Director of Religious Education
8800 Braddock Road
703-978-8925
E-mail: religious.ed@holyspiritchurch.us

CHILD PROTECTION

Lambie Renner, Child Protection Coordinator
703-425-8778, x2
E-mail: childprotection@holyspiritchurch.us

SUNDAY MASSES

Saturday Vigil Mass: 5:30 PM - Cantor & Organ
Sunday: 7:30 AM - Unaccompanied
9:00 AM - Youth Choir & Organ
10:30 AM - Choir & Organ
12:00 Noon - Cantor & Organ
6:00 PM - Contemporary Ensemble

WEEKDAY MASSES

Monday thru Friday: 6:30 and 9:00 AM
Saturday: 9:00 AM

SACRAMENT OF PENANCE

Monday, Wednesday and Friday at 7:00 PM
Tuesday and Thursday at 6:00 AM and 8:30 AM
Saturdays at 3:30 PM (all sessions--until line ends)

SACRAMENT OF BAPTISM

Sundays at 1:15 PM
Baptismal preparation class is held the second
Saturday of each month at 10:00 AM

SACRAMENT OF MATRIMONY

Diocesan regulations require that you contact
one of the Holy Spirit clergy at least six months
before the wedding to begin preparations.

ANOINTING OF THE SICK AND HOME VISITATION

By request. If you or another parishioner you
know are unable to attend Mass, please call the
Parish Office to make arrangements to receive
the Eucharist at home.

FIRST SUNDAY OF LENT

HOLY SPIRIT CHURCH

Parish Calendar available at www.holyspiritchurch.us

Sunday, March 1st, First Sunday of Lent

Masses at 7:30, 9:00 & 10:30 AM; 12:00 & 6:00 PM

Second Collection for Black and Indian Missions

Squires and Squire Roses, Meeting Rooms 1 & 2, 1:15 PM

Monday, March 2nd

Adult Volleyball, School Gym, 8:00-9:30 PM

Tuesday, March 3rd

Walking with Purpose, Meeting Rooms 1 & 2, 8:30 AM

Walking with Purpose, Parish Center, 9:45 AM

Legion of Mary, Parish Center Small Room, 10:30 AM

Senior BINGO, Parish Center, 11:30 AM

KofC Meeting, The Quinn Room, 7:30 PM

Wednesday, March 4th

RCIA, Parish Center, 7:00 PM

Father O'Donohue's Bible Study, Parish Center, 8:30 PM

Thursday, March 5th

St. Cecilia Youth Choir rehearsal, Church, 5:00-6:30 PM

St. Gregory Choir rehearsal, Church, 7:00-9:00 PM

Walking with Purpose, Meeting Rooms 1 & 2, 7:00 PM

St. Vincent de Paul Society, Parish Center, 7:00 PM

Adult Volleyball, School Gym, 9:00-10:30 PM

Friday, March 6th

First Friday Coffee, Parish Center, 10:00 AM

Eucharistic Adoration immediately following the 6:30 AM

Mass continuously until Saturday morning 9:00 AM

Lenten Soup Supper, School Cafeteria, 5:30-7:00 PM

Holy Hour with Stations for the Cross, Church, 7:00 PM

Saturday, March 7th, Second Sunday of Lent

Masses at 9:00 AM & 5:30 PM

Monthly Diaper Collection

That Man Is You? The Quinn Room, 7:00 AM

Good Samaritan Society Meeting, Parish Center, 10:00 AM

Good Samaritan Sewing Group, Meeting Room 1, 9:00 AM

-4:00 PM

Sunday, March 8th, Second Sunday of Lent

Masses at 7:30, 9:00 & 10:30 AM; 12:00 & 6:00 PM

Monthly Diaper Collection

RCIA, Parish Center, 9:00 AM

WEEKLY CONFESSION SCHEDULE

Monday, Wednesday and Friday at 7:00 PM; Tuesday and

Thursday at 6:00 & 8:30 AM; Saturday at 3:30 PM

THE HOLY SACRIFICE OF THE MASS

Monday, March 2nd

Irene Pellascio† 6:30 AM

Anthony Riente† 9:00 AM

Tuesday, March 3rd

Kathryn Reyburn Roche 6:30 AM

Romayne Polanin† 9:00 AM

Wednesday, March 4th

Smith and Kelly Families 6:30 AM

Lucille Elizabeth Burns† 9:00 AM

Thursday, March 5th

Maria Joseph Tran Thi Tuyet† 6:30 AM

Joseph Rascona† 9:00 AM

Friday, March 6th

William Martin, Jr.† 6:30 AM

Mike & Kitu Devlin 9:00 AM

Saturday, March 7th

Harold Carnes† 9:00 AM

Bill Rogers† 5:30 PM

Sunday, March 8th

George & Marcia Bergeron† 7:30 AM

Teresa V. Paetzold† 9:00 AM

Mary Boska† 10:30 AM

Holy Spirit Parish 12:00 PM

Robert E. Love, III† 6:00 PM



2020 BISHOP'S LENTEN APPEAL

STEADFAST IN FAITH AND JOYFUL IN HOPE

The Bishop's Lenten Appeal is critical to our diocesan needs and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work-works that touch the lives and souls of thousands of people. Thank you!

STATIONS OF THE CROSS

The Stations of the Cross will be prayed in the church at **7:00 PM, every Friday during the Season of Lent**. The Stations will conclude with Exposition and Benediction of the Most Blessed Sacrament. Praying the Stations would make for a blessed Lenten devotion. All are invited.

THE MONTHLY INFANT DIAPER COLLECTION

is next weekend, **March 7th-8th**, after all Masses. Sizes 4 and 5 are most needed. Collection bins are located in front of the church.



Anointing of the Sick



Please join Our Deacons Three:
Deacons Nick LaDuca, Tom Grodek and Malcolm D'Souza
for a talk on the Sacrament of Healing

Saturday, March 28th, 10:00 AM
Holy Spirit School: Meeting Rooms 1 & 2

NOVENA FOR LIFE

The Knights of Columbus are sponsoring a novena for life from **March 17th-25th**, concluding on the International Day of the Unborn Child. To receive the novena each day in your inbox, email knights@holyspiritchurch.us. A limited number of hard copies of the novena prayer will be in the narthex beginning on March 14th.



SOCIETY OF ST. VINCENT DE PAUL
HOLY SPIRIT CONFERENCE
Helping Others, Will You Help Too?
Helpline: 703 272-8218

On this first Sunday of Lent, we recognize that Lent is a call to give alms to those in need. There is need and suffering in our parish and community which is often hidden. Your gift to the Society of St. Vincent de Paul enables us to offer assistance to those who call our Helpline and ask for help.

This Lent we ask Our Lord for the grace to: Fast from darkness and feast on the reality of light. Fast from personal anxiety and feast on eternal truth. Fast from discouragement and feast on hope. Fast from temptations and feast on prayer and silence so that we may listen to God's voice. Amen.

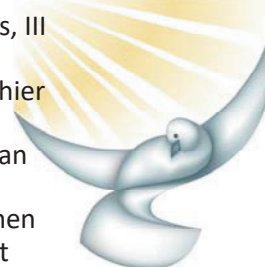
WE PRAY FOR THOSE IN THE MILITARY AND SUPPORT SERVICES OVERSEAS

"May the peace of God's presence and our concern for them give them strength"

Maj. Robert J. Bowen	1 st Lt. Jake Conrad
1 st Lt. Lydia Rachel Eng	CPL John Gundling Capt.
Brian Harper	Sgt. Andrew J. Houston
Capt. Patrick Kelly	Capt. Michael Kopa, Jr.
LCDR Mike Lee	Spec. Jonathan Levine
SSG Greg Manning	Lt. Cory Rank
Capt. Jose Rodriguez	LCDR Patrick Ronan
Maj. Rufus Shumate, III	1 st Lt. Andrew Stanford

PRAYERS FOR THE SICK

William V. Arbacas, III	Luis Arciniega
Rebecca B.	Lise Banach
Eileen Carroll-Boshier	Edythe Bonato
Allison Candelore	Eleanor Colahan
Walter Joe Coleman	John Gallagher
Mary Ann Crites	John S. Gillies
Catherine Rose Chen	Anthony Girata
Helena Hufschmitt	Jon R. Johnson
Alexandra Malone	Bruce Kind
Margaret Melescue	Donna MacCabe
Abraham Perez	Mary Prutzman
Catherine Shonka	Bud Shumate
Patricia Shimones	Andrea Sturken
Bert van den Horn	Doris Trunfio
Brian Vibert	



BEDDING FOR BABIES

Project Manger and the parish Respect Life group is having their annual Bedding for Babies collection during Lent to support needy moms and babies. We need 100 new or gently used blankets and crib sheets to accompany each crib that will be purchased in May through the Knights of Columbus Crib Drive. To donate contact Dawn Beutner at respectlife@holyspiritchurch.us or 703 978-1096.

40 DAYS FOR LIFE

Can you stand on a sidewalk? Can you pray the rosary? Why not do both and help a mom choose life for her baby? In 40 Days for Life, volunteers stand outside abortion facilities and pray for 40 consecutive days. In the 13 years since this campaign started, more than 16,000 women have chosen life for their babies, 104 abortion clinics have closed, and 191 clinic workers have quit-all through the peaceful power of prayer. **Join members of our parish Respect Life group any Friday during Lent at the nearest abortion facility, Falls Church Health Care.** For more information email respectlife@holyspiritchurch.us.

FIRST SUNDAY OF LENT

IRISH WHISKEY CAKE SALE! MARCH 14-15TH



**\$12 FOR A LOAF CAKE
\$17 FOR A BUNDT CAKE**

**ALL PROCEEDS GO
TO FUND OUR HIGH
SCHOOL SUMMER
WORKCAMP!**

SQUIRE ROSES

Girls ages 10-18 are invited to join the Squire Roses monthly meeting this **Sunday, March 1st**, at **1:15 PM**, in **School Meeting Rooms 1 & 2**. With guidance, the girls develop their own ideas of how to participate in parish life and live out their Catholic faith through charitable, social and spiritual activities. For more information contact Maria Ugincius at mvalugin@gmail.com.



Boy Scout Mulch Sale ORDER NOW!



www.annandale50.mytroop.us

HOLY SPIRIT MEN'S LOYOLA ON THE POTOMAC RETREAT

Our annual retreat at **Loyola on the Potomac** will be held the **weekend of March 6th-March 8th**. The retreat includes time for rest, prayer, personal reflection, and the cultivation of a deeper relationship with the Lord. Contact Sean Roberts at seanroberts911@gmail.com or 703 640-4157 to make a reservation and for more information.

YOUTH MINISTRY

Militia Immaculata, MI, March 2nd, 3:15-4:15 PM

All ages welcome! For information and to register visit holyspiritchurch.us/youth/middle-school/militia-immaculata.

HIGH SCHOOL

Sunday Night Meeting tonight: March 1st, 7:00-9:00 PM, in the School Building. Come join us as we play games, eat good food and jump deeper into our faith together. Register at holyspiritchurch.us/youth/high-school/.

Fiat and Band of Brothers meet Wednesday, March 4th, 7:30-9:00 PM. For information and to register please visit holyspiritchurch.us/youth/high-school/.

Visit holyspiritchurch.us/youth to register for all events.

Holy Spirit NVJCYO Spring Sports

3rd - 8th Grade

Register Today!

Girls
Volleyball

Track
and Field



**Information and Registration at:
HolySpiritChurch.us/Youth**

Assistant Coaches Needed!

Interested in coaching?

Contact CYO@holyspiritchurch.us



Join Us for Supper!

Fridays Feb. 28 - April 3, 5:30 - 7 PM

Bring your family! Enjoy homemade soup every Friday in Lent.

Soup Makers Needed!

Bring your favorite meatless soup to the Friday Lenten Soup Suppers!

Click the yellow button!
www.holyspiritchurch.us

Volunteer!

Contact Amy Callaghan
acallaghan22@hotmail.com



Family Bingo!

**Saturday,
March 14**



In Holy Spirit School
Doors Open 6 PM, Games Begin 7 PM

Admission (includes book of 3 cards)

- Players 12 yrs and Older: \$5 • Players Under 12: \$3
 - Extra Cards \$1 • Free for children under 5 yrs and not playing
- Prizes

- Cash Bingo Prizes of at least \$30 - Grand Prize \$100

Snacks Sold

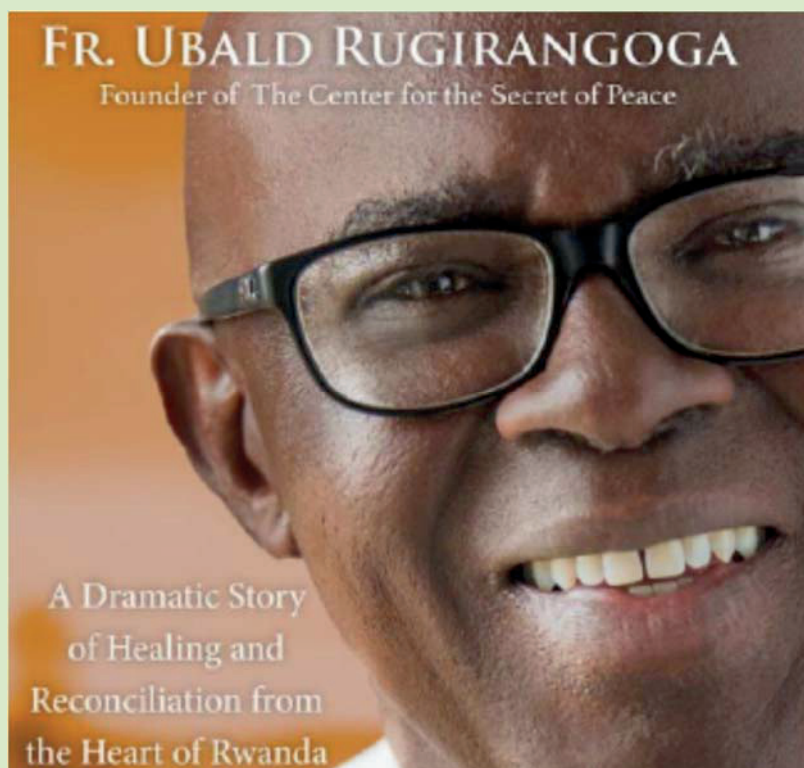
- Pizza • Hot Dogs • Nachos • Soft Drinks



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2 MASSES & EUCCHARISTIC HEALING SERVICES



WITH RENOWNED HEALER, RWANDAN HOLOCAUST SURVIVOR
FR. UBALD RUGIRANGOGA

***March 11, St. Bartholomew, Bethesda, MD**

Confession: 6:00 pm; Mass at 7:00 pm; Benediction at 9 pm

***March 12, Holy Spirit, Annandale, VA**

Confession: 6:15 pm; Mass at 7:00 pm; Benediction at 9 pm

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