Boot Camp for Aspiring Saints

Itinerary July 14-18, 2014

**Monday:** Instruct the Uninformed 9a-4p

9:00am Mass

9:45am Depart for Olde Town Alexandria

**St. Luis Parish:** Comedic talk on Sheparding)

**Poor Clares:** Who are they and what do they do?

**Christ House**: How do they care for the poor?

**Waterfront**: Eat lunch and play

**Pauline Books and Media:** Who are they and what do they do?

**St. Mary’s**: Visit Fr. Barnes

4:00pm Return to Holy Spirit

**Tuesday:** Visit the Sick/Pray for the Dead 9a-4p

9:00am Mass

9:45am Depart for Bull Run

**Northern VA Training Center –** assist severely disabled adults with swim

**Fairfax Memorial Park –** pray walking rosary

**Jinga Frozen Yogurt –** Kings Park Shop Center

4:00pm Return to Holy Spirit

**Wednesday**: Feed the Hungry 7a-530p

7:00am Depart Holy Spirit for Woodstock, VA

**Volunteer Farm** – work the fields

**Shenandoah River State Park** – swim in river and Mass

**5**:30pm Return to Holy Spirit

**Thursday**: 8a-6p

8:00am Depart

**Rappahannock Cellars**  (John:15 – you are the branches)

**Whiteoak Canyon Falls** - hike to falls for an afternoon swim and Mass

**6**:00pm Return to Holy Spirit

**Friday**: Clothe the Naked (Babies)/Pray for the Dead 9a-4p

**9:00am** Mass

**9:45am** Depart for Falls Church

**Hope of NOVA** (drop off newborn baby clothes and diapers)

**Georgetown University** – fun and interesting short tour and lunch

Maybe walk around the waterfront

**Arlington National Cemetery** – visit the tomb of the unknown soldier and others

**Gravely Point** (unless we spend so much time in Georgetown that we have to return)

**3:00pm** Return to Holy Spirit for closing - Adoration and reflection