

MSYM Boot Camp for Aspiring Saints
Itinerary / Time Line
July 15-19, 2019

Monday, July 15, 2019 Pray for the Living and the Dead

- 9:00am Check In / Juice and Bagels
- 9:30am Depart for St. Joseph's in Old Town Alexandria
- 10:00am Visit and learn about church history, Celebrate Mass
- 11:15am Lunch and play at Oronoco Bay Park
- 12:15pm Walk to Christ House and Pauline Books and Media in Old Town
(All are asked to bring items for donation for Christ House - please see the SignUp Genius)
- 2:15pm Walk to visit St. Mary's Cemetery in Old Town to pray for the dead (Please bring a bunch of flowers with you today - we will place them on the graves as we pray)
- 3:30pm Depart for Holy Spirit
- 4:00pm Arrive at Holy Spirit

Tuesday, July 16, 2019 Feed the Hungry

- 7:00am Check-in / Juice and Bagels (note early arrival)
- 7:15am SHARP Depart for Farm *(CCDA Parental Permission required)
- 9:00am Pick corn under the hot sun at Farm (for donation to the St. Lucy Food Warehouse)
- 11:45am Visit Parker Farms Warehouse
- 1:00pm University of Mary Washington CCM for Mass
- 1:50pm Play at Old Mill Park (wear bathing suit under clothes, bring towel)
- 3:30pm Depart for Holy Spirit
- 4:30pm Arrive at Holy Spirit

Wednesday, July 17, 2019 Instruct the Ignorant

- 8:00am Check In / Juice and Bagels (note early arrival)
- 8:30am Depart for Harper's Ferry
- 10:00am Arrive at St. Peter's Catholic Church at Harper's Ferry for Mass
- 11:30am Jefferson Rock "Sermon on the Mount"
- 12:00pm Hike to Inlet Lock for lunch (wear shoes you can wear in the water and clothes you can splash around in)
- 3:15pm Depart for Holy Spirit
- 4:30pm Arrive at Holy Spirit

Thursday, July 18, 2019 Feed the Hungry

- 9:00am Check In / Grab Juice and Bagels
- 9:25am Depart for St. Lucy Project Warehouse in Manassas
- 10:00am Work at St. Lucy Project Warehouse (all are asked to bring items for donation - see SignUp Genius)
- 12:00pm Depart for Shenandoah River (eat lunch on bus)
- 2:00pm Swim in Shenandoah River (wear bathing suit under clothes, bring towel)
- 4:30pm Depart for Holy Spirit
- 6:00pm Arrive at Holy Spirit (note late return)

Friday, July 19, 2019 Fun Day!

- 9:00am Check-in / Juice and Bagels
- 9:15am Depart for White Oak Canyon - near Thornton Gap
- 11:30am Mass
- 12:15pm Begin hike to lower falls - eat lunch, swim and play (there is a sliding rock that dumps you right into a pool of frigid water!) NO flip flops or crocks - good hiking footwear/sneakers recommended. Wear a bathing suit under your clothes, bring towel.
- 2:30pm Hike to lower parking area
- 3:00pm Depart for Holy Spirit
- 5:00pm Arrive at Holy Spirit Note late return