

# MSYM Boot Camp for Aspiring Saints

## Itinerary / Time Line

### July 16-20, 2018

#### **Monday, July 16, 2018    Pray for the Dead**

- 9:00am      Check In / Juice and Bagels
- 9:30am      Depart for Poor Sisters of St. Joseph in Alexandria
- 10:00am     Visit and learn about the Poor Sisters of St. Joseph
- 11:15am     Play at Gravelly Point Park
- 11:45am     Pilgrimage walk to Basilica of St. Mary in Old Town with stop for lunch at Potomac Yard Splash Park - (this will be a 5 MILE walk - be prepared with good walking shoes, this is Boot Camp, you know. You may also get wet in the splash park but you will dry in the heat before we get to our next destination.)
- 2:00pm      Visit with Fr. Dufresne at the Basilica of Saint Mary in Old Town
- 3:00pm      Visit St. Mary's Cemetery in Old Town to pray for the dead (Please bring a Bunch of flowers with you today - we will place them on the graves as we pray)
- 3:30pm      Depart for Holy Spirit
- 4:00pm      Arrive at Holy Spirit

#### **Tuesday, July 17, 2018    Instruct the Ignorant**

- 8:00am      Check In / Juice and Bagels (note early arrival)
- 8:30am      Depart for Mt. St. Mary's in Emmitsburg
- 10:00am     Mount St. Mary's visit - learn about Bl Stanley Rother, visit the Grotto
- 11:30am     Lunch on Gettysburg Battlefield grounds
- 12:00pm     Learn about Fr. Corby's Absolution
- 2:00pm      Walking tour and learn about St. Elizabeth Ann Seton Shrine
- 3:00pm      Mass
- 4:00pm      Depart for Holy Spirit
- 6:00pm      Arrive at Holy Spirit (note late return)

#### **Wednesday, July 18, 2018    Feed the Hungry**

- 9:00am      Check In / Grab Juice and Bagels
- 9:30am      Depart for St. Lucy Project Warehouse in Manassas
- 10:00am     Work at St. Lucy Project Warehouse (all are asked to bring food for donation - see SignUp Genius)
- 12:00pm     Depart for Shenandoah River (eat lunch on bus)

1:30pm Swim in Shenandoah River (wear bathing suit under clothes, bring towel)  
4:30pm Depart for Holy Spirit  
6:00pm Arrive at Holy Spirit (note late return)

**Thursday, July 19, 2018 Feed the Hungry**

7:00am Check-in / Juice and Bagels (note early arrival)  
7:15am SHARP Depart for Farm  
9:00am Pick corn under the hot sun at Farm (for donation to the St. Lucy Food Warehouse)  
12:30pm University of Mary Washington CCM  
1:30pm Play at Old Mill Park (wear bathing suit under clothes, bring towel)  
2:45pm Depart for Holy Spirit  
4:00pm Arrive at Holy Spirit

**Friday, July 20, 2018 Fun Day!**

9:00am Check-In / Juice and Bagels  
9:15am Depart for Virginia Outdoor Center in Fredericksburg (a release form is required for this day - visit the Boot Camp page on our website for the form)  
11:00am Tube on the Rappahannock River (wear bathing suit under clothes, bring towel)  
1:30pm Lunch at Old Mill Park  
2:15pm Depart for Holy Spirit  
3:30pm Holy Hour/Adoration of the Most Blessed Sacrament and Confession at HS  
4:30pm Youth ready for pick-up (note late finish)