

High School Holy Week Retreat

Enter into the Triduum

Join us for one or all of
the following days:

Holy Thursday: *Prayer*

The Church has an ancient tradition called *The Visiting of the Seven Churches*. After the Last Supper Mass, our LORD is set out at every Catholic Church in the Blessed Sacrament to be adored until Good Friday begins at Midnight. We will be traveling to seven nearby churches to visit Our LORD and bring all of our Lenten prayers and petitions.

We will leave directly following the Mass of the Last Supper and will return to Holy Spirit between 11:15 and 11:30p.m. Transportation will be provided. There will be a special treat for everyone when we get back before Good Friday starts and the fasting begins!

Good Friday: *Penance*

We will be heading into DC to feed the homeless. We will go into DC on Capitol Hill around Union Station looking for homeless men and women to bring breakfast/lunch to. Please bring enough money to buy them breakfast/lunch (\$7-8) from a nearby restaurant.

We will leave Holy Spirit at 8:45.a.m. and return no later than 12p.m. I will need chaperones/drivers for this outing!

Holy Saturday: *Almsgiving*

We will be doing a morning of reflection waiting with Mary Magdalene outside of the tomb as we wait for the Easter Sunday. As we have died with Christ and risen to life with Him in Baptism, we will take a few hours to enter into the tomb with Him on Holy Saturday this will include: A special reflection by Fr. O'Donohue on the importance of Holy Saturday, the Divine Mercy Chaplet, quiet personal time for reflection and meditation, Lectio Divina, the Rosary etc.

We will begin in the Holy Spirit Youth Room at 8:30a.m. and end no later than 11:30a.m. I will need another adult chaperone for this! **Breakfast will be provided!**

For more information and to sign-up to attend one or all of these days, please check-out the website @ holyspiritchurch.us/ministries/youth/high-school/ in the Youth

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