



# **RECOMMENDED CONTENT - THE SACRAMENTS**

## WHAT ARE THE SACRAMENTS?...

**YDisciple - Living the Creed**: Is a ten-session study that leads teens and young adults through the big picture of how the Catholic faith is integrated into their daily lives. Re-purposed from the beautiful and engaging Symbolon series, YDisciple: Living the Creed digs deep into the Sacraments and the moral life. Contained within each session are activities to build community, discussion questions to engage critical thinking, and resolutions that put the Faith into practice. (Found under 'Study')

## WHY SHOULD YOU AND YOUR CHILD BE CATHOLIC?...

What's So Great about Being Catholic? - Has anyone ever asked you why you're Catholic? We're you able to provide a confident answer? Listen to this talk and learn about the beauty and truth of the our faith. (Found under 'Listen')

**Reaching Out to Today's Culture** - Bishop Robert Barron (WordonFire.org) shares observations from his dialogue with critics of his YouTube videos. He eloquently illustrates how well equipped our Catholic intellectual tradition is to access and clarify the confusion that is so prevalent in our culture about matters of Christian faith and life. (Found under 'Listen')

### BAPTISM...

**Reborn** - Explores the deeply personal power of baptism, bringing to light the spiritual reality for parents and godparents and, most importantly, the child being baptized. Rendered with a cinematic beauty, Reborn presents the foundation of the Church's teaching on Baptism, with a step-by-step explanation of the rite itself, including its profound place in Scripture and Tradition. (Found under 'Study')

## **EUCHARIST...**

**Lectio:** Eucharist -"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? (Found under 'Study')



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**Brother Francis: The Bread of Life** - Learn all about the Eucharist from Brother Francis. (Found under 'Watch' for Children)

## CONFIRMATION...

**We Must Go Out** - Focusing on the true nature of Confirmation, Fr. Mike challenges ALL Catholics to see this sacrament not as a "graduation" from the Church, but as a commissioning by the Holy Spirit to go out into the world and proclaim the Gospel. (Found under 'Listen')

**YDisciple -Confirmation:** So why don't we see the same power of the Holy Spirit in the lives of so many Catholics today? Why do we not see the Church and the Gospel spread by the millions of Catholics who received the Sacrament of Confirmation? Could it be that, too often, Confirmation seems like a graduation or ending of faith formation? Or, is there a lack of understanding on the part of the Confirmandi of what is actually taking place in the Rite? (Found under 'Study')

#### MATRIMONY...

**Beloved** - This series goes back to the very essence of what it is to be human – and reflects a design placed in our hearts by God himself. Beautifully filmed and featuring acclaimed marriage experts.

## HOLY ORDERS...

Symbolon Living the Faith - Episode 5: Holy Orders...

#### CONFESSION...

**Forgiven** - This series explores the grace and healing offered in Confession and shows how this sacrament of mercy reveals the depth and bounty of God's love. (Found under 'Study')

**Creed - YDisciple:** Living the Creed is a ten-session study that leads teens and young adults through the big picture of how the Catholic faith is integrated into their daily lives. Re-purposed from the beautiful and engaging Symbolon series, YDisciple: Living the Creed digs deep into the Sacraments and the moral life. Contained within each session are activities to build community, discussion questions to engage critical thinking, and resolutions that put the Faith into practice. (Found under 'Study')



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**7 Secrets of Confession** - A whole new way of approaching Confession. If you do not yet look forward to Confession in the same way you look forward to Communion, this will change your life. (Found under 'Listen')

**Symbolon Living the Faith - Episode 4:** Why is the Sacrament of Reconciliation essential—and potentially life-changing—for Catholics? How does the Anointing of the Sick make a difference to those who are suffering or dying?

#### ANOINTING OF THE SICK ...

**Symbolon Living the Faith - Episode 4:** How does the Anointing of the Sick make a difference to those who are suffering or dying?

#### THE SAINTS...

**Restless Heart** - Life of St. Augustine...the story of a gifted man who pursues fame and fortune without a moral compass--and the dramatic changes that occur in his soul when challenging events lead him to see the light of truth.

**Mother Teresa** - An acclaimed film portrayal, Olivia Hussey illuminates the life story of Mother Teresa of Calcutta, the selfless missionary who brought hope, love, and salvation to the poorest of the poor.

**Pope John Paul II** - This epic film follows Karol Wojtyla's journey from his youth in Poland through his late days on the Chair of St. Peter. Starring Jon Voight.

**Saint Peter** - Deals with the immense obstacles Christianity encountered in the early stages of its development. Starring renowned Egyptian actor, Omar Sharif (Lawrence of Arabia, Doctor Zhivago).