



HELP THOSE IN PRISON

BY *Baking Cookies*

The KAIROS Prison Ministry will be offering a fall Christian retreat. Catholic Charities' Prison Ministry needs cookies to offer to the inmates who attend.

**Our parish goal is 100 dozen
homemade cookies.**

Note that, because of the restrictions of the prison, cookies must follow their guidelines:

- Cookie types that are generally acceptable are: oatmeal, peanut butter, molasses, and chocolate chip.
- All cookies must be between 2 and 2½ inches in diameter and no more than ½ inch thick.
- There can be no icing, sugar, or any other type of coating on the outside of the cookies.
- Do not add any type of fruit or nuts to the cookies; chocolate chips are allowed.
- Cookies must be bagged in quart-sized zip-lock bags, one dozen cookies per bag.
- Label each bag with the type of cookie.

Cookies that do not meet these requirements will be rejected.

Please contact Marilyn
Grodek by October 23 at
margrodek78@gmail.com
or 703-978-5793
to volunteer!

Cookies need to be dropped
off at the rectory on
either Monday, Oct. 28
or Tuesday, Oct. 29.