

St. Martin de Porres Senior Center

The Catholic Diocese of Arlington's St. Martin de Porres Senior Center is a multipurpose program providing a variety of services to prevent isolation of seniors and promote their wellness, happiness, and independence. The Senior Center (4650 Taney Avenue, Arlington) offers health, exercise, social, recreational, educational, and entertainment activities, and the Senior Center staff provides referral information about senior services in the area. You can also contact Senior Services Director Gracie Ortiz (703 751 4083) for eldercare consultations to help family members caring for aging parents and spouses.

Fairfax County's office of Services for Older Adults offers recreation and wellness programs, as well as county services for Adult Day Health Care, Care Management, Disability Services, Home Repair, In-Home Care, Meals on Wheels, Medicare and Insurance Counseling and more.

Contact us!

Call one of the people below
for more information.

Holy Spirit Parish Center Office

703 978 8074

Good Samaritan Society

Dawn Beutner, 704 978 1096

Tom Grodek, 703 978 5793

Transportation Ministry

Richard and Mary Chobot,

703 323 9402

Grief Support Group

Jim Jenkins, 703 273 3574

Legion of Mary

Maureen Viall, 703 503 5366

Project 911

Steve Poppe, 571 241 2956

Catholic Charities Senior Center

703 751 2766

Fairfax County Services for Older

Adults 703 324 7948

Emergency Assistance

ACCA 703 256 0100

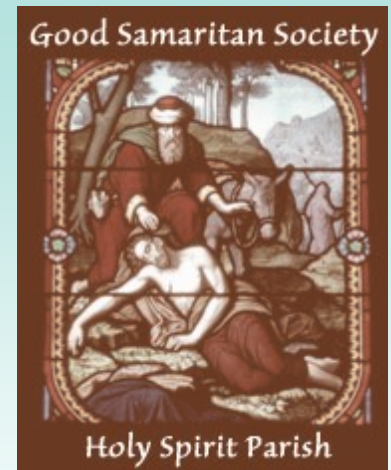
ECHO 703 569 9160

FISH 703 978 0280

Are you looking for a

Good Samaritan?

Resource information
for you compiled by the



Do you need a **ride to medical appointments** because you are infirm, disabled, or homebound and/or unable to drive?

Have you **lost a loved one** and want to talk to someone about it?

Are you unable to attend Sunday Mass regularly and would like to receive **Communion** at home?

Would you like someone to come **pray with you** at home?

Do you need **work done on your home** to allow you to continue to live there?

Are you physically unable to **shovel snow** from your driveway during the winter?

Are you looking for a **referral** for some other service commonly needed by seniors, those who are ill, or the homebound?

What is the Good Samaritan Society?

The Holy Spirit Parish Good Samaritan Society was initiated in 2011. Programs started by the Good Samaritan Society provide concrete help to people in our community – particularly senior citizens – and coordinate with other service and spiritual groups in the parish, community, and diocese.

How can the Good Samaritan Society help you?

Volunteer drivers from our **Transportation Ministry** provide free weekday transportation to medical appointments for people in need. To request a ride, please call the parish office (703 978 8074) at least 3 business days prior to your appointment.

The Seasons of Hope **Grief Support Group** is a Scripture-based, confidential support group for those who are grieving the loss of a loved one. Each series lasts six weeks, and materials are provided free of charge.

If you are **homebound** – long-term or for a short-term health issue – and want to receive Holy Communion at home after Sunday Mass, contact the parish office.

Members of the parish's **Legion of Mary** will pray with people in their homes upon request. Members can also bring a Pilgrim Virgin Mary statue to your home for a week for family prayer and consecration.

Project 911 offers home repair services, provided by volunteers, to those in need. A coordinator will meet with you to schedule an evaluation of your need.

Snow removal is provided for individuals who cannot safely shovel snow from their driveways and have no friends, neighbors, or relatives who can assist. This service is free and is provided by Boy Scouts and parish youth group members. Contact the parish office in the fall to sign up.

Looking for something else? See the information about the **Diocesan Senior Center** and **Fairfax County** Office of Services for Older Adults in this brochure.

Emergency Assistance

Annandale Christian Community for Action (ACCA), Ecumenical Community Helping Others (ECHO), and For Immediate Sympathetic Help (FISH) are all local ecumenical outreach organizations. Their services vary, but generally involve serving individuals and families in need in our community by providing food, clothes, and household items, as well as emergency financial assistance for rent, utilities, or prescriptions. Clients are typically screened and referred by the Fairfax County Department of Social Services.