THIRD SUNDAY OF

Bless the LORD, my soul; all my being, bless his holy name! Ps 103:1



Holy Spirit Catholic Church

8800 Braddock Road Annandale, Virginia 22003 - 4165

Rev. Carroll L. Oubre, Parochial Vicar

Rev. Peter O. Okola, AJ, Parochial Vicar

Rev. Hagos Tesfagabir, Spiritual Director for the Medhanie Alem Ge'ez Rite Eritrean Catholic Community

Deacon Nicholas J. LaDuca, Jr.

Deacon Tom Grodek

Deacon Malcolm D'Souza

PASTORAL CENTER

5121 Woodland Way 703-978-8074

Fax: 703-978-9671

Website: www.holyspiritchurch.us E-mail: parish@holyspiritchurch.us

Monday - Friday 8:30 AM - 8:00 PM Saturday 9:30 AM - 5:30 PM Sunday 9:00 AM - 1:00 PM

HOLY SPIRIT SCHOOL

Maureen Ashby, Principal 8800 Braddock Road

703-978-7117

Fax: 703-978-7438

Website: www.holyspiritflames.org

RELIGIOUS EDUCATION

Anson Groves, Director of Religious Education 8800 Braddock Road

703-978-8925

E-mail: religious.ed@holyspiritchurch.us

CHILD PROTECTION

Lambie Renner, Child Protection Coordinator 703-425-8778, x2

E-mail: childprotection@holyspiritchurch.us

SUNDAY MASSES

Saturday Vigil Mass: 5:30 PM - Cantor & Organ Sunday: 7:30 AM - Unaccompanied

9:00 AM - Youth Choir & Organ

10:30 AM - Choir & Organ

12:00 Noon - Cantor & Organ

6:00 PM - Contemporary Ensemble

WEEKDAY MASSES

Monday thru Friday: 6:30 and 9:00 AM

Saturday: 9:00 AM

SACRAMENT OF PENANCE

Monday, Wednesday and Friday at 7:00 PM Tuesday and Thursday at 6:00 AM and 8:30 AM Saturdays at 3:30 PM (all sessions--until line ends)

SACRAMENT OF BAPTISM

Sundays at 1:15 PM

Baptismal preparation class is held the second Saturday of each month at 10:00 AM

SACRAMENT OF MATRIMONY

Diocesan regulations require that you contact one of the Holy Spirit clergy at least six months before the wedding to begin preparations.

ANOINTING OF THE SICK AND **HOME VISITATION**

By request. If you or another parishioner you know are unable to attend Mass, please call the Parish Office to make arrangements to receive the Eucharist at home.

HOLY SPIRIT CHURCH

Parish Calendar available at www.holyspiritchurch.us

Sunday, March 24th, Third Sunday of Lent

Masses at 7:30, 9:00 & 10:30 AM; 12:00 & 6:00 PM Second Collection for Easter Flowers

Monday, March 25th

Rosary for Life, Church, 7:00 PM Adult Volleyball, School Gym, 7:30 PM

Tuesday, March 26th

Legion of Mary, Parish Center Small Room, 10:30 AM Senior Bingo, Parish Center Large Room, 11:30 AM Fr. Carroll's Miniseries, Church, 7:30 PM

Wednesday, March 27th

Contemporary Ensemble rehearsal, Church, 7:30-9:30 PM RCIA, Parish Center, 7:00 PM

Fr. O'Donohue's Bible Study, Parish Center, 8:30 PM Thursday, March 28th

St. Cecilia Youth Choir rehearsal, Church, 5:00-6:30 PM

St. Gregory Choir rehearsal, Church, 7:00-9:00 PM

St. Vincent de Paul Society, Parish Center, 7:00 PM Divine Mercy Cenacle, Parish Center, 7:30 PM

Friday, March 29th

Eucharistic Adoration immediately following the 6:30 AM Mass continuously until Saturday morning 9:00 AM Lenten Soup Supper, Cafeteria, 5:30-7:00 PM Stations of the Cross, Church, 7:00 PM

Saturday, March 30th, Fourth Sunday of Lent

Masses at 9:00 AM & 5:30 PM

Second Collection for Catholic Relief Services Monthly Food Collection

That Man Is You! The Quinn Room, 7:00 AM

The Soul of the Apostolate talk, Quinn Room, 10:00 AM Sewing Group, School Meeting Room 1, 9:00 AM-4:00 PM

Sunday, March 31st, Fourth Sunday of Lent

Masses at 7:30, 9:00 & 10:30 AM; 12:00 & 6:00 PM Second Collection for Catholic Relief Services Monthly Food Collection

WEEKLY CONFESSION SCHEDULE

Monday, Wednesday and Friday at 7:00 PM; Tuesday and Thursday at 6:00 and 8:30 AM; Saturday at 3:30 PM

MONTHLY FOOD COLLECTION FOR POOR SISTERS OF ST. JOSEPH will be held after all Masses on Saturday, March 30th and Sunday, March 31st, outside the church.

Boy Scout Mulch Sale

The boys and families of Boy Scout Troop 50 would like to thank the Holy Spirit community for supporting our annual fundraiser and helping us sell out of mulch! We are truly grateful to be part of such a generous parish.

THE HOLY SACRIFICE OF THE MASS

Monday, March 25th

Gordon Evans 6:30 AM Milton & Alice Jagen 9:00 AM

Tuesday, March 26th

Gabrielle Hiroux 6:30 AM Jeanette Snydstrup 9:00 AM

Wednesday, March 27th

Thursday, March 28th

Friday, March 29th

Jean Stroschein 합 6:30 AM Joseph Potosnak 합 9:00 AM

Saturday, March 30th

Daniela Franz Cook 中9:00 AM David V. Marsh 中5:30 PM

Sunday, March 31st



THE Soul of THE Spostolate

Talk led by Fr. John O'Donohue

An introduction to Dom Jean-Baptiste Chautard's classic work on Catholic spirituality.

Saturday, March 30th 10:00-11:30 a.m. Quinn Room

The *Soul of the Apostolate* is available online and in local Catholic bookstores.

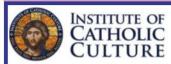


BAKE COOKIES FOR PRISON MINISTRY!!

The Good Samaritan Society needs help in baking cookies that will be delivered to Virginia inmates by trained Kairos volunteers and volunteers from Catholic



Charities Prison Ministry. Our goal is 100 dozen cookies (or more). For more information and to volunteer, contact Marsha Zamperini at marsha.zamperini@gmail.com 703-323-8860.



~PRESENTS~ LIKE A LAMB
The Suffering Servant & the
Prophecy of Isiah

All are invited for dinner/lecture with Msgr. Charles Pope on Saturday, April 13th, at 6:30 PM, in the School Cafeteria. Admission is free and no reservation is required. Contact: InstituteofCatholicCulture.org or 540 635-7155.

HELP MOMS AND UNBORN CHILDREN THIS LENT!

Join other parishioners as we pray for an end to abortion at 40 Days for Life in Falls Church. Use the 40 Days for Life signup on the parish web site under the gold Volunteer button to sign up.

Attend the first Virginia March for Life on **April 3rd** in Richmond on the parish bus, also using the signup on the parish web site under the gold **Volunteer** button.

Support the Knights' annual Project Manger Crib Drive by donating new or gently used baby blankets and crib sheets to accompany each of the 100 cribs provided. Email respectlife@holyspiritchurch.us to find out how to drop off your donations.





SOCIETY OF ST. VINCENT DE PAUL HOLY SPIRIT CONFERENCE



Helping Others, Will You Help Too?

In a recent weekday Lenten Gospel, Jesus tells us, "Whatever you did for one of these least brothers of mine, you did for me." (Matthew 25:40). During Lent we are called to greater prayer, fasting and almsgiving; to feed the hungry; to give drink to the thirsty; to shelter the homeless; to clothe the naked; to welcome the stranger; to visit the lonely; to give help to those in distress. Your gift, small or large, enables the Society of St. Vincent de Paul to perform these corporal works of mercy, and enables you to share in this important work. In the spirit of Lent, please consider sending a donation to SSVdP-HSC, P.O. Box 11997, Burke, VA 22009-1997. Every donation, large or small, will be used to help those who turn to us when they have nowhere else to go. Helpline: 703 272-8218.

PRAYERS FOR THE SICK

William V. Arbacas, III	Ellen Banach
Tom Branagan	Eileen Carroll-Boshier
Bridget Cummins	Pasquale DiTanna
Anthony Girata	Donna MacCabe
Paul Martin —	lgor Monroy
Bridget O'Grady	Rita Quick
James Rowsey Family	Patricia Shimones
Catherine Shonka	Bud Shumate
Andrea Sturken	Estelia Swindells
Doris Trunfio	Charles Turjanica
Bert van den Horn	Brian Vibert

PRAYERS FOR THE DECEASED

Kurt Walddoerfer

WE PRAY FOR THOSE IN THE MILITARY AND SUPPORT SERVICES OVERSEAS

"May the peace of God's presence and our concern for them give them strength"

Maj. Robert J. Bowen	1 st Lt. Jake Conrad
LCPL John Gundling	Capt. Brian Harper
Sgt. Andrew J. Houston	Capt. Patrick Kelly
Capt. Michael Kopa, Jr.	LCDR Mike Lee
Spec. Jonathan Levine	SSG Greg Manning
Lt. Cory Rank	LCDR Patrick Ronan
Maj. Rufus Shumate, III	

Celebrate Calm"

Stop Defiance, Disrespect & Yelling with America's Calm Coach Kirk Martin & his son, Casey

Monday, April 1st 6:30-8:30pm **School Gym**



For information, contact PTOpresident@holyspiritflames.org or visit holyspiritflames.org



CATHOLIC ART & THEATRE DAYCAMPS

Spotlight on the Arts Summer Day Camps have been offered within the Arlington Diocese for families seeking excellence in Theatre and Art education within a Catholic environment for the past 15 years. Classes include Broadway Spotlight, Drama Bootcamp, Arts & Crafts Fun, Art Explorer, Marie Miller's Songwriting & Performance Workshop. All instructors are Professional Teachers who have extensive backgrounds in their fields. Early Bird

Discounts are offered currently in addition to larger family discounts as well. Camp Registration and more information can be found at SpotlightSummerCamps.com.





HIGH SCHOOL

Sunday Night Meeting, March 24th, 7:00-9:00 PM, in the School. Don't miss out! Please remember to register online in advance at holyspiritchurch.us/ministries/youth/high-school/.

Tuesday Night B.I.B.L.E. Café, March 26th, 7:30-9:00 PM We will meet in the Youth Room in the school for more seating, a cozier atmosphere, and good drinks. More information and permission slips may be found at holyspiritchurch.us/ministries/youth/high-school/.

FIAT and BoB High School Small Groups will meet Wednesday, March 27th, 7:30-9:30 PM, in the Youth Room. All High School boys and girls are invited to join us for our single-sex small groups. Permission forms and locations may be found at holyspiritchurch.us/youth. You must register online prior to attending.

MIDDLE SCHOOL

Militia Immaculata (MI) meeting is on March 25th, 3:15 PM, in the Youth Room. All ages are welcome. For more information and to register visit holyspiritchurch.us/youth/ middle/school/militia-immaculata.

THE ASSOCIATES OF ST. JOHN BOSCO, INC., is pleased to announce our \$3,000 (x3) and \$4,000 (x1) scholarships for the academic year 2019-2020 to be awarded to college students pursuing a course of study that will ultimately lead to rendering a service to the Church in their adult years. The scholarships will be granted to a Roman Catholic student with a permanent residence within the Catholic Diocese of Arlington who seek to give back to the Church through service in their adult years. The criteria of the scholarship, submission requirements, and application can be found on our website at asjb.org.

CONGRATULATIONS to the Holy Spirit district Champions that competed at the KofC VA State Free Throw Championships in Richmond!

9 Year Old Boys-Brendan Bennett

10 Year Old Boys-Brian Maloy

12 Year Old Boys-Dominic Buschelman

13 Year Old Boys-Ryan Yap

9 Year Old Girls-Kristine Maloy

13 Year Old girls-Marybeth Maloy

14 Year Old Girls-Anna Oliver

Special congratulations to Brendan Bennett and Anna Oliver who won their brackets at the State contest. Dominic Buschelman placed 3rd!



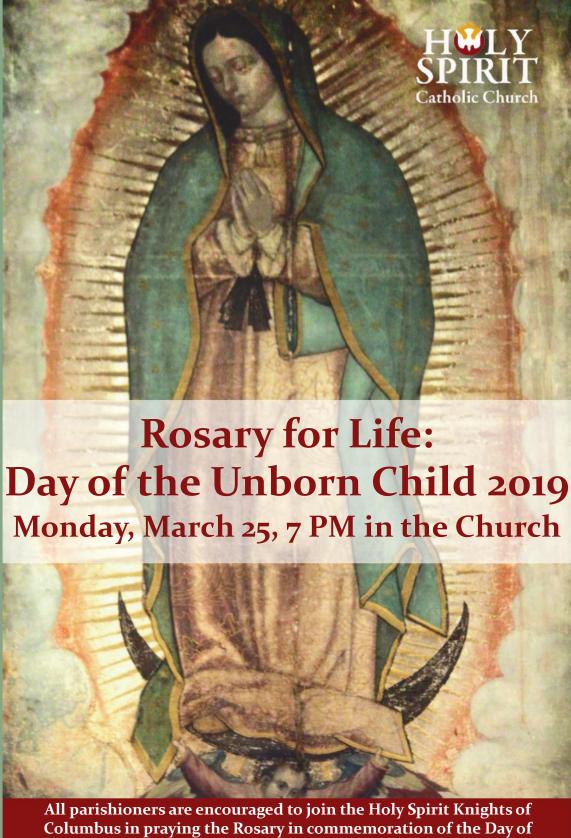


CORPORAL & SPIRITUAL WORKS OF MERCY

★ ★ ★JULY 15-19, 2019 ★ ★ ★ MERCY MISSION 2019

INFORMATION & REGISTRATION AT HOLYSPIRITCHURCH.US/BOOTCAMP





All parishioners are encouraged to join the Holy Spirit Knights of Columbus in praying the Rosary in commemoration of the Day of the Unborn Child. The Day of the Unborn was instituted by the Knights of Columbus as an addition to the Crusade for Life and as a symbol of commitment to building a culture that respects and protects every life. It is observed annually in connection with The Feast of the Annunciation and this year will be commemorated here at Holy Spirit on the Feast of the Annunciation. This is an opportunity to show your commitment to the culture of life and the cause of the unborn.





TAKE THE BUS TO RICHMOND!

7:30 am Mass at Holy Spirit 8:00 am Meet for bus departure

Reserve your seat at

HolySpiritChurch.us/ RespectLife



HomeWork Remodeling

Improve Your Home Life

10% OFF Free Estimates Free Financing

WINDOWS • SIDING ROOFING • DECKS **BASEMENTS** 703-803-6500





543-7600 MowCow.com/Leaf

PLUMBING HEATING HVAC REMODELING

1313 POWHATAN STREET ALEXANDRIA, VA 22314-1342 (703) 836-6775

www.caffiservices.com service@caffiservices.com

Serving the DC Metropolitan Area since 1967

FAMILY DENTIST

DMD, Harvard University

HERNANDEZ-LEVERIZA DMD, Univ. of Pennsylvania

Rated Top Dentist by Virginia

703-323-1400

dentistburkeva.com 5211 Lyngate Ct Burke, VA

Œ The App for Catholic Life Every Day www.myParishApp.com Available for Apple an

Peter K. Cocolis Jr., DMD Family & Cosmetic Dentistry

· Quality Care



Call 703-912-3800 www.smiles4va.com

5803 Rolling Road, Suite 211 **Next to Interstate Van Lines**

DR. SUSANA RAYGADA

DR. KATRINA

Living Mag. and Checkbook

15-Year Workmanship Warranty for New Shingle Roofs

www.pondroofing.com

703-573-8000



(703) 569-3131

Dr. Anne Meccariello Dr. Courtney Shay

Dr. Tim LaFreniere

Dr. Kathryn Huebner

9314-A Old Keene Mill Rd www.virginiaeyecare.com

Your Church is closer than you think...

> Mass Times **Bulletins • Directions** Local Businesses



njoy the Carefree Lifestyle You Deserve! To Schedule A Tour Call 703-797-3814

PINNACLE LIVING

www.hermitagenova.org

SENIOR AND MILITARY DISCOUNTS! **FINANCING** AVAILABLE FREE wind & Hail Dan Insurance Claims S **703-492-HOME** (4663) **or 571-408-4349** www.MAContracting.com MidAtlantic

Demaine Funeral Homes

since 1841

Alexandria

520 S. Washington St. 703-549-0074

Springfield

5308 Backlick Rd. 703-941-9428

Fairfax

10565 Main St. 703-385-1110

Pre-Arrangement Services Available





Maintaining

is an Option.

Independence

Assistance with Daily Chores

• Personal Hygiene Support

• Transportation Services Nursing Supervision Flexible Scheduling

703-538-4584 RightatHomeNOVA.com



holicMatch.com/goVA



Fairfax Memorial Funeral **Home & Crematory**

Contact us for funeral and cremation services

> (703) 425-9702 www.fmfh.com

9902 Braddock Road, Fairfax, VA 22032

Fairfax Memorial Park

Contact us for traditional or cremation burial information

> (703) 323-5202 www.fmpark.com

9900 Braddock Road, Fairfax, VA 22032



Bogacki & Bogacki DDS, PC

Family and **Cosmetic Dentistry** Friendly and **Courteous Staff**

8344 Traford Lane Springfield, VA 22152 (703) 451-2867

www.BogackiDental.com





www.lebbistro.com



CAPITAL CAR CARE

(703) 321-8981

Foreign & Domestic Auto Repair "Virginia State Inspection" F L STERN & SONS

J. REILLY ASSOCIATES

Complete Line of Building, Cleaning & Maintenance Supplies

703-866-0088

7646 A Fullerton Rd., Springfield, VA

NIELSEN PAINTING

- Professional Painting
- Interior & Exterior
- Wall Paper Installation
- Wall Paper Removal
- Pressure Washing
- Deck Repair & Sealing

703-250-7091

Richard J. Nielsen Holy Spirit Parishioner



www.giardinoitalianrestaurant.com

got kids?got parents?need space? **Modular Additions are** THE ANSWER! CARBIDE

KITCHENS & BATHS 703-550-8711 carbideconstruction.com

Parishioner

Orthodontist

Dr. Rodney Klima

DIOCESAN

ξ

Advertising

Information

CALL

1-800-233-8200

Online

at Diocesan.com/Business

Braces & Invisalign Children & Adults

> 5204-B Lyngate Ct. Burke, VA 22015

703-425-5125

www.klimaortho.com

Parishioner

Attorneys & Counsellors at Law



- Employment Law
- Contracts
- Civil Litigation
- Business Law

Jason F. Zellman

Holy Spirit Parishioner

703-277-9704

4010 University Drive, Suite 200 Fairfax, Virginia 22030



Valid Sun - Thurs

- King's Park Shopping Center -

www.NicelyDoneKitchens.com

703-764-3748

FAMILY & COSMETIC DENTISTRY

es L. Gyuricza, D.D.S. nie Wilson Hartman, D.M.D. Erika A. Anderson, D.D.S.

Dedicated to providing the highest quality dental care for over 30 years.

Burke Professional Center 5212 B Lyngate Court

ww.northernvirginiasmiles.co 703-978-5660

The Irish Plumbering Family Owned & Operated

703.924.3100

www.TheIrishPlumber.com

\$25 off on all service calls with this ad

hunan west



Chinese Restaurant • • • Free Delivery • • •

Kings Park Shopping Center 8938 Burke Lake Road Springfield, VA 22151

425-1703 425-1704



PEARSON SMITH

BAUERNSHUB TEAM Chris Bauernshub 703-597-1701 Elizabeth Bauernshub 📵 703-992-5597 R www.bauernshubteam.com

Family and Specialty Eye Care

Christopher J. Renner, O.D. parishioner 703 578-3600

KELLIHER FAMILY

DENTISTS

Jeremiah J. Kelliher, D.D.S.

Sean P. Kelliher, D.D.S.

Karen Kelliher Wilson, R.D.H.

Yong In Martial Arts Academy



Grand Master Moon Lee, Parishioner 1-Week Free Trial Lessons • Free Uniform

www.yongintaekwondocollege.com T. 703-888-6919 & 703-426-5500 9548 Burke Road, Burke, VA 22015

AIR CONDITIONING HEATING



SALES - SERVICE 703-573-8980 Bishop Equipment Since 1935 www.BishopAC.com

2825 Dorr Avenue, Fairfax, VA



Hardwood • Carpet • Vinyl • Laminate Area Rugs • Bath Remodeling • Carpet Cleaning Twinbrook Shopping Ctr • 703-978-2603 Oakton Shopping Ctr • 703-255-7266

Colonnade Shopping Ctr • 703-988-9484 **Braemar Shopping Ctr** ◆ 703-257-9900 Belle View Shopping Ctr • 703-347-6035

9541 Braddock Rd, Fairfax, VA 22032 • www.ClawesCarpets.com

Certified Public Accountants

DONOVAN & WAGNER, P.C.

Accounting Services & Business Advisory

Income Taxes Eldercare Bookkeeping

www.DonovanAndWagner.com

Burke Professional Center • 5210-B Lyngate Court

703-426-5560

Instant Replacement Window Quote

703-653-0898

www.everesthi.com (Owned by Trimber Family)

The Paschal

A CATHOLIC BOOKSTORE **QUALITY GIFTS & ART**

11214 Lee Highway, Fairfax

703-273-5956 • www.paschallamb.com

6120 Brandon Ave. Suite 211, Springfield

QUALITY ROOFING & GUTTERS

Free Estimates • Class A Licensed • Insured www.douglasroofingco.com

BETTER BATHROOMS **Full Service Bathroom Remodeling**

Ceramic Tile Installation Plumbing * Repairs * Electrical Licensed * Bonded * Insured 30+ Years Experience

Recommended by Holy Spirit Parishioners 571-259-9709 DON MARTIN

HEATING AND COOLING (703) 629-6020 \$50.00 off any repair over \$200.00

www.avaairhvac.com Paul Melendrez

AUL T. OLENYN, D.D.S., LTD. **Parishioner**

FAMILY & COSMETIC DENTISTRY

Burke Professional Center

703-978-8560

5207 A Lyngate Court, Burke, VA

www.smilesbydrolenyn.com



OUGLAS ROOFING

703-255-9599



Springfield • Burke Kingstowne • Annandale Light Electrical • Plumbing Bathroom Renovation Ceramic Tile • Drywall Repair 703-922-4190



Rt. 29 & Jermantown Rd. © 2019 DIOCESAN



VISA