



# The **Bread** of Life Discourse

"I am the

bread of life;

whoever comes

to me will

never hunger,

and whoever

believes in me

will never thirst."

John 6:35



# PARISH STAFF

Rev. John M. O'Donohue, Pastor Rev. Carroll L. Oubre, Parochial Vicar Rev. Peter O. Okola, AJ, Parochial Vicar Rev. Hagos Tesfagabir, Spiritual Director for the Medhanie Alem Ge'ez Rite Eritrean Catholic Community

Deacon Nicholas I. LaDuca, Ir. Deacon Tom Grodek

#### PASTORAL CENTER

5121 Woodland Way 703-978-8074 Fax: 703-978-9671 Website: www.holyspiritchurch.us E-mail: parish@holyspiritchurch.us Hours

Monday - Friday 8:30 AM - 8:00 PM Saturday 9:30 AM - 5:30 PM Sunday 9:00 AM - 1:00 PM

#### HOLY SPIRIT SCHOOL

Maureen Ashby, Principal 8800 Braddock Road 703-978-7117 Fax: 703-978-7438 Website: www.holyspiritflames.org

#### RELIGIOUS EDUCATION

Anson Groves, Director of Religious Education 8800 Braddock Road 703-978-8925

Lambie Renner, Child Protection Coordinator 703-425-8778, x2

E-mail: religious.ed@holyspiritchurch.us

#### CHILD PROTECTION

E-mail: childprotection@holyspiritchurch.us

# Holy Spirit Catholic Church

8800 Braddock Road Annandale, Virginia 22003 - 4165

#### SUNDAY MASSES

Saturday Vigil Mass: 5:30 PM - Cantor & Organ Sunday: 7:30 AM - Unaccompanied 9:00 AM - Youth Choir & Organ 10:30 AM - Choir & Organ 12:00 Noon - Cantor & Organ 6:00 PM - Contemporary Ensemble

#### **WEEKDAY MASSES**

Monday thru Friday: 6:30 and 9:00 AM Saturday: 9:00 AM

#### SACRAMENT OF PENANCE

Monday, Wednesday and Friday at 7:00 PM Tuesday and Thursday at 6:00 AM and 8:30 AM Saturdays at 3:30 PM (all sessions--until line ends)

#### SACRAMENT OF BAPTISM

Sundays at 1:15 PM Baptismal preparation class is held the second Saturday of each month at 10:00 AM

#### SACRAMENT OF MATRIMONY

Diocesan regulations require that you contact one of the Holy Spirit clergy at least six months before the wedding to begin preparations.

#### ANOINTING OF THE SICK AND **HOME VISITATION**

By request. If you or another parishioner you know are unable to attend Mass, please call the Parish Office to make arrangements to receive the Eucharist at home.

#### HOLY SPIRIT CHURCH

Parish Calendar available at www.holyspiritchurch.us

Sunday, August 5<sup>th</sup>, Eighteenth Sunday in Ordinary Time

Masses: 7:30, 9:00 & 10:30 AM, 12:00 noon & 6:00 PM Columbian Squires, Meeting Room 1, 1:15 PM

Monday, August 6<sup>th</sup>

Adult Volleyball Night, School Gym, 7:00 PM **Tuesday, August 7**<sup>th</sup>

Bible Study, Parish Center Large Room, 9:30 AM Legion of Mary, Parish Center Small Room, 10:30 AM Middle School Study, School Youth Room, 7:00 PM College Nights, School Youth Room, 7:30 PM KofC Meeting, School Meeting Room 3, 7:30 PM **Wednesday, August 8**<sup>th</sup>

Contemporary Ensemble rehearsal, Church, 7:30 PM High School Study, School Youth Room, 7:30 PM

Thursday, August 9<sup>th</sup>

Widows or Widowers "WOW", Parish Center, 10:00 AM Divine Mercy Cenacle, Parish Center, 7:30 PM Friday, August 10<sup>th</sup>

Eucharistic Adoration immediately following the 6:30 AM Mass continuously until Saturday morning 9:00 AM Holy Hour, Church, 7:00 PM

Saturday, August 11<sup>th</sup>, Nineteenth Sunday in Ordinary Time

Masses: 9:00 AM & 5:30 PM

Second Collection for Little Sisters of the Poor Monthly Diaper Collection

Sewing Group, Meeting Room 1, 9:00 AM-4:00 PM

Sunday, August 12<sup>th</sup>, Nineteenth Sunday in Ordinary Time

Masses: 7:30, 9:00 & 10:30 AM, 12:00 noon & 6:00 PM

Second Collection for Little Sisters of the Poor

Monthly Diaper Collection

#### **WEEKLY CONFESSION SCHEDULE**

Monday, Wednesday and Friday at 7:00 PM; Tuesday and Thursday at 6:00 and 8:30 AM; Saturday at 3:30 PM

#### **PRAYERS FOR THE DECEASED**

**Bob Coyne** 





**THE MONTHLY INFANT DIAPER COLLECTION** is next weekend, **August 11**<sup>th</sup>-**12**<sup>th</sup>, after all Masses. Sizes 4 and 5 are most needed. Collection bins are located in front of the church.

#### SIGN UP FOR THE DIOCESAN E-NEWSLETTER

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese-straight to your inbox. Sign up at <a href="http://bit.ly/CDAsignup">http://bit.ly/CDAsignup</a>.

#### PRAYER TO THE HOLY SPIRIT

Every day for five minutes silence your imagination, shut your eyes and ears to the sights and sounds of the world and withdraw into yourself and there, within the sanctuary of your baptized soul, which is the temple of the Holy Spirit, talk to Him thus:

O Holy Spirit, soul of my soul, I adore You.

Enlighten me, guide me, strengthen me, comfort me.

Tell me what I should do, give me Your orders;
I promise that I will submit to all that You desire of me

And accept all You allow to happen to me.

Grant me only to know Your will.

#### THE HOLY SACRIFICE OF THE MASS

Monday, August 6<sup>th</sup> Jeffrey Bell샵 6:30 AM Souls in Purgatory Most in Need 9:00 AM

Tuesday, August 7<sup>th</sup>
Jeffrey Bell 6:30 AM
Natalie A. Roche 9:00 AM

Wednesday, August 8th

Thursday, August 9<sup>th</sup>
Thomas Jira 6:30 AM
Souls in Purgatory Most in Need 9:00 AM

Friday, August 10<sup>th</sup> Ronald F. Ruggiero 한 6:30 AM Peter Roe 한 9:00 AM

Saturday, August 11<sup>th</sup>
Our Poor Clares 9:00 AM
F. Keats Boyd, Jr. ♣ 5:30 PM

# THE FLOWERS ON THE ALTAR THIS WEEK ARE IN HONOR OF OUR

Men's and Women's Clubs

#### **EIGHTEENTH SUNDAY IN ORDINARY TIME**





**Holy Spirit Summer Office Hours** 

Monday- Friday, 9:00AM -12:00 noon August 20<sup>th</sup> office closed August 21<sup>st</sup>-24<sup>th</sup>, 9:00 AM-2:30 PM

Prospective families may contact the school any time for a tour. 703 978-7117



# HOLY SPIRIT CONFERENCE SOCIETY OF ST. VINCENT DE PAUL

#### **Helping Others, Will You Help Too?**

The Gospel tells us, "This is my beloved Son, Listen to Him." By *listening* we are able to *live* the Gospel. Gospel living can be something as simple as taking the time to listen to those who need to spill out their hearts when seeking help. Through your gift to the Society of St. Vincent de Paul, you enable the members of the Society to become *listening hearts* to the hungry, the homeless, and the struggling poor. If you wish to make a donation, please make your check payable to Society of St. Vincent de Paul, HSC, and mail it to SSVdP-HSC, P.O. Bo 11997, Burke, VA 22009; or drop it in the collection basket. Thank you!

**CATHOLIC SINGLES OF GREATER WASHINGTON** is an organization for single Catholics, ages 21 to 65-plus, enjoying each other's company in a wide variety of social, religious, and cultural settings. Please find out more about us at <u>CatholicSinglesOfGreaterWashington.org</u> or call Tricia at 301 460-9195.



#### **High School**

Want S'more time with Jesus? Come join us every Wednesday through August 15<sup>th</sup>. We will be meeting in the Youth Room, from 7:30-9:00 PM, for a study on how to better live out our faith with games and S'mores. Remember: You must register online in advance by going to holyspiritchurch.us/youth.

#### Wondering what's going on in the parish?



Click the green "Events" tab at www.HolySpiritChurch.us!

# RELIGIOUS EDUCATION

#### **CCD REGISTRATION 2018-2019**

Registrations for CCD classes are available online at <a href="https://holyspiritchurch.us/education/childrens-religious-education/">holyspiritchurch.us/education/childrens-religious-education/</a>. Please register your children soon before classes fill up. Classes begin the week of September 16<sup>th</sup>. The CCD calendar may be downloaded from <a href="https://holyspiritchurch.us/wp-content/uploads/2018-2019-CCD-Calendar.pdf">holyspiritchurch.us/wp-content/uploads/2018-2019-CCD-Calendar.pdf</a>.

#### **CATECHISTS AND VOLUNTEERS**

Of course, our effort to spread the holy faith depends on volunteers. Volunteer positions include catechists, assistant and substitute catechists, hall monitors, and office assistants. Please give it some thought and prayer. If you can help keep the faith alive for the next generation, sign up at holyspiritchurch.us/education/childrens-religious-education/ccd-volunteer/.

THE HOLY SPIRIT LEGION OF MARY is a lay organization offering spiritual works of mercy under the guidance of Father O'Donohue. Active members visit the parish sick and homebound, as well as nursing homes, and they bring statues of the Virgin Mary into homes for weeklong visits. In addition, active members



evangelize by going door to door to all homes within our parish boundaries. Active members count on the prayer support of auxiliary members, who are not required to attend our weekly meetings. If you would be interested in active or auxiliary membership, or if you would like to learn more about the Legion of Mary, contact one of our active members: Maureen Viall 703 503-5366, John Converse 703 978-9617, or Fran Barker 703 425-0534.

#### WORLDWIDE MARRIAGE ENCOUNTER WEEKEND

Do you hunger for a deeper love in your marriage? Let Jesus fill your hunger. Join us at Worldwide Marriage Encounter weekend. The nest weekends are September  $21^{st}-23^{rd}$  in Herndon, VA and November  $2^{nd}-4^{th}$  in Gaithersburg, MD. Early sign up is recommended. For more information visit our website at RenewMarriage-VANorth.org or contact us at 703 646-1521 or applications@renewmarriage-vanorth.org.

#### NOVENA FOR THE LEGAL PROTECTION OF HUMAN LIFE

The U.S. bishops urge our participation **each Friday through September 28**<sup>th</sup> in a nationwide Novena for the Legal Protection of Human Life. Participants will receive weekly email or text reminders to pray and fast, along with little-known facts about Roe v. Wade to share with others. Sign up at usccb.org/pray!

SPEND SUNDAY WITH THE SISTERS-FOR WOMEN DISCERNERS

Ever thought about religious life? Come pray, chat and brunch with the Daughters of St. Paul to learn more about it, on **Sunday, August 12**<sup>th</sup>, **9:30 AM-1:00 PM, at their convent in Alexandria**. Morning includes Mass, brunch and a reflection. Cost is \$15, and the deadline to register is Friday, August 3<sup>rd</sup>. For more information and to register contact the Office of Vocations at 703 841-2514 or vocations@arlingtondiocese.org.

#### **PRAYER FOR VOCATIONS**

"Do not work for food that perishes, but for food that endures for eternal life." Are you being chosen to help feed and give life to the people of God as a priest, deacon or in the consecrated life? Call Father J.D. Jaffee at 703 841-2514, or email j.jaffe@arlingtondiocese.org.



# WE PRAY FOR THOSE IN THE MILITARY AND SUPPORT SERVICES OVERSEAS

"May the peace of God's presence and our concern for them give them strength"

Maj. Robert J. Bowen
Capt. Jon Conway
Capt. Brian Harper
Lt Rachel (Conway) Alexander
Capt. Patrick Kelly
Capt. Michael Kopa, Jr.
LCDR Mike Lee
SSG Greg Manning
Lt. Cory Rank
LCDR Patrick Ronan
LT. Jake Conrad
Lt. Jake Lt. Jake Conrad
Lt. Jake Lt.

#### **PRAYERS FOR THE SICK**

Chris Alber
Ellen Banach
James T. Morgan
Urfa Samuel
Freida Southern
Estelia Swindells
Bert van den Horn

William V. Arbacas, III
Tom Branagan
Joy Morgan
Bud Shumate
Andrea Sturken
Charles Turyanica



# Children's Summer Blue Bag Food Collection

to benefit the St. Lucy Food Project

Hungry children are home for the summer and are not able to get the usual free lunches at school. Demand for food increases in the summer;

The St. Lucy Food Pantry network must respond.

Pick up your blue food bag in the church narthex beginning August 11th and fill it with non-perishable food items.

# Blue Bag Food Collection August 18 & 19 | All Masses Holy Spirit Church

# The St. Lucy Project is in need of the following items:

1 Peanut Butter and 2 Jellies
Canned Chicken and Tuna
Canned Ravioli
Breakfast Cereal (can be used
for all meals)
Children's Snacks
Granola Bars
Pudding
Non-Perishable Juices
Shelf Stable Chocolate Milk
Apple Sauce
Raisins

It costs 86 cents a lb. to transport food to the poor in over 50 locations. Check Donations are gratefully appreciated. Please mail a check in the pre-addressed envelope provided with the blue bag (or bring it to the truck with your bag). Please make checks payable to "CCDA" with "The St. Lucy Food Project" in the memo of the check. Thank you!



For more information about the drive, please contact Vince Cannava, Holy Spirit Food Ministry, 571-442-4673 (cell)

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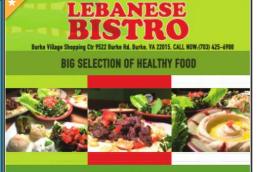


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