

PALM SUNDAY

of the Lord's Passion



Holy Spirit Catholic Church



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PASTORAL CENTER

5121 Woodland Way
703-978-8074
Fax: 703-978-9671
Website: www.holyspiritchurch.us
E-mail: parish@holyspiritchurch.us

Hours

Monday - Friday 8:30 AM - 8:00 PM
Saturday 9:30 AM - 5:30 PM
Sunday 9:00 AM - 1:00 PM

HOLY SPIRIT SCHOOL

Maureen Ashby, Principal
8800 Braddock Road
703-978-7117
Fax: 703-978-7438
Website: www.holyspiritflames.org

RELIGIOUS EDUCATION

Anson Groves, Director of Religious Education
8800 Braddock Road
703-978-8925
E-mail: religious.ed@holyspiritchurch.us

CHILD PROTECTION

Lambie Renner, Child Protection Coordinator
703-425-8778, x2
E-mail: childprotection@holyspiritchurch.us

SUNDAY MASSES

Saturday Vigil Mass: 5:30 PM - Cantor & Organ
Sunday: 7:30 AM - Unaccompanied
9:00 AM - Youth Choir & Organ
10:30 AM - Choir & Organ
12:00 Noon - Cantor & Organ
6:00 PM - Contemporary Ensemble

WEEKDAY MASSES

Monday thru Friday: 6:30 and 9:00 AM
Saturday: 9:00 AM

SACRAMENT OF PENANCE

Monday, Wednesday and Friday at 7:00 PM
Tuesday and Thursday at 6:00 AM and 8:30 AM
Saturdays at 3:30 PM (all sessions--until line ends)

SACRAMENT OF BAPTISM

Sundays at 1:15 PM
Baptismal preparation class is held the second
Saturday of each month at 10:00 AM

SACRAMENT OF MATRIMONY

Diocesan regulations require that you contact
one of the Holy Spirit clergy at least six months
before the wedding to begin preparations.

ANOINTING OF THE SICK AND HOME VISITATION

By request. If you or another parishioner you
know are unable to attend Mass, please call the
Parish Office to make arrangements to receive
the Eucharist at home.

HOLY SPIRIT CHURCH

Parish Calendar available at www.holyspiritchurch.us

Sunday, March 25th, Palm Sunday of the Passion of the Lord

Masses: 7:30, 9:00 & 10:30 AM, 12:00 noon & 6:00 PM

Monthly Food Collection

Tuesday, March 27th

Bible Study, Parish Center Large Room, 9:30 AM

Legion of Mary, School Meeting Room 2, 10:30 AM

Wednesday, March 28th

Rite of Christian Initiation of Adults, Parish Center, 7:00 PM

Contemporary Ensemble rehearsal, Church, 7:30-9:00 PM

Thursday, March 29th

Parish office closing at 2:00 PM

No morning Mass, No confessions

Mass of the Lord's Supper, Church, 7:30 PM followed by
Adoration at the Altar of repose until 12 AM

Friday, March 30th

Parish office closed

No morning Mass

Confessions 9:00-11:00 AM

Celebration of the Lord's Passion, Church, 3:00 PM

Divine Mercy Novena, Church, 5:00 PM

Stations of the Cross, Church, 6:45 PM

Good Friday Tenebrae, Church, 7:30 PM

Saturday, March 31st, Holy Saturday

Confessions 9:30-11:30 AM, **no 3:30 PM confessions**

Blessing of the Easter Baskets, Church 10:00 AM

Divine Mercy Novena, Church, 3:00 PM

Easter Vigil Mass, Church, 8:30 PM

Sunday, April 1st, Easter Sunday

Masses: 7:30, 9:00 & 11:00 AM, 12:30 & 6:00 PM

Second Collection for Holy Spirit Charity for the Poor

Parish office closed

Divine Mercy Novena, Church, 5:30 PM

WEEKLY CONFESSION SCHEDULE

Monday, Wednesday at 7:00 PM; Tuesday at 6:00 and 8:30
AM; Friday 9:00-11:00 AM; Saturday at 9:30-11:30 AM—

No 3:30 PM confessions

THE HOLY SACRIFICE OF THE MASS

Monday, March 26th

Marcia McCarthy✠ 6:30 AM

Joseph Potosnak✠ 9:00 AM

Tuesday, March 27th

Jim Jenkins✠ 6:30 AM

Erin Kelly Fitzgerald✠ 9:00 AM

Wednesday, March 28th

James F. Gladwin✠ 6:30 AM

Elmer E. Logan Family✠ 9:00 AM

Sunday, April 1st

Anna Huynh 7:30 AM

Antonio Valera✠ 9:00 AM

Telesphore Charland✠ 11:00 AM

Holy Spirit Parish 12:00 PM

Brandon and Adam Wilkinson

& Family✠ 6:00 PM

BLESSING OF EASTER BASKETS

The annual Blessing of Easter foods and baskets will take place on **Holy Saturday, March 31st, at 10:00 AM, in the Church.** In Slavic countries the blessing of Easter foods was an important tradition.

This blessing is still found in the updated Roman Ritual, and is a wonderful practice. Many parishes still participate in this custom of the blessing of the Easter food and baskets.



Easter Egg Hunt

Sunday, April 8th at 3pm

YOUTH
MINISTRY

All children through 5th grade are invited!
Just bring your baskets and join the fun.



THANK YOU FROM BOY SCOUT TROOP 50

The boys and families of Boy Scout Troop 50 would like to thank the Holy Spirit community for supporting our recent mulch sale. We are truly grateful to be part of such a generous parish.



PRAYERS FOR THE DECEASED

Michael Snyderstrup

George Quinn



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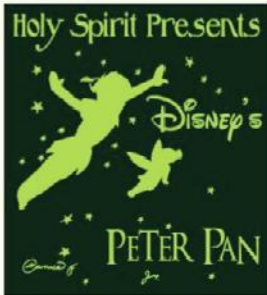
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PALM SUNDAY OF THE PASSION OF THE LORD



Holy Spirit | *Inspiring Minds*
CATHOLIC SCHOOL | *Igniting Hearts*



Each year the 6th, 7th & 8th grade students, through their elective classes, perform a musical for the school community. Students design and create the scenery, props, program, as well as participate as stage hands, extras, supporting and main cast members. It truly is a team effort! This year Holy Spirit Middle School will perform Peter Pan Jr. "A story about a boy who wouldn't grow up and the girl who has to. After finding his shadow in the Darling family nursery, Peter teaches Wendy, Michael, and John how to fly and sweeps them off to Never Land, where they meet the Lost Boys, mermaids, Indians, and of course pirates. If the children are to return home, Peter must defeat Captain Hook with the help of Tinker Bell and her fairy friends. Peter Pan Jr. features classic songs from the 1953 film such as "You Can Fly!" "Follow the Leader," and "The Second Star to the Right", as well as songs from The Pirates of the Caribbean ride and the 2008 film *Tinker Bell*." Please join us **April 12th, at 7:00 PM in the school gym**; admission is free.

5K SPIRIT RUN

Each year Holy Spirit School with the support of the Parish Activities Office, holds a 5K Spirit Run. This year it will be held on **May 19th, at Lake Accotink Park in Springfield**. Our goal is to build community spirit and raise funds and awareness of our resource program at Holy Spirit School. We need your help!

Become a Sponsor

There are many costs associated with the race and in order for 100% of our profits to go directly to the program, we need sponsors. We have several levels of sponsorship. Tax-deductible donations are always welcome as well.

Register your family for the race

The race begins at 8:00 AM and it is a perfect way to start your day and spend the morning with the Holy Spirit community.

Sponsorship and race registration can be found on the Holy Spirit School webpage holyspiritflames.org. If you can help us or have any questions, please email Sue Gibbons at sgibbons@holyspiritflames.org.



HIGH SCHOOL

Youth Group Meeting Tonight, March 18th, 7:00-9:30 PM, in the school. We will be watching the Passion of the Christ. **Parents please make sure to fill-out a Permission slip for your youth to watch this. The form can be found online at holyspiritchurch.us/youth.**

FIAT and Bob meet Wednesday, March 28th, 7:30-9:00 PM

All High School boys and girls are invited to join us for our single-sex small groups: FIAT is for young high-school women and BAND of Brothers (aka BoB) is for young high school men. Details and permission forms with dates and locations may be provided by emailing Leslie McClellan at youthministry@holyspiritchurch.us.

Holy Week Retreat

"Could you not watch with me one hour?" Mt. 26:40

Join us for our annual Holy Week Retreat activities to help us prepare for the Easter season and truly enter into the Triduum with Our Lord! We will have special activities for Holy Thursday, Good Friday, and Holy Saturday. For more information, times, and for the permission forms please visit the Youth website at holyspiritchurch.us/ministries/youth/high-school/.

MIDDLE SCHOOL

Middle School Youth Group, April 13th, 7:30-9:30 PM

Please join us in the school for manhunt and pizza. All middle schoolers are welcome. Don't miss out! You must register online in advance at holyspiritchurch.us/youth. Parents: Chaperones are always needed to sign up. Click on the volunteer button on the parish website.

Cor Unum Small Groups, April 13th, 3:30-5:00 PM

Cor Unum is small, single sex groups, held twice a month, for 7th and 8th graders to come together from all different middle schools to discuss important topics of the faith, pray together, create new friendships, and have fun. These groups help our youth learn what it means to be a young man or woman of Faith in Today's World.

Militia Immaculata, MI, March 26th, 3:15 PM

Join us Monday afternoons in the youth room for our Militia Immaculata meetings. MI is a prayer group using the power of the youth to pray for an end to evil in the world. We meet every Monday in the youth room to call upon the Holy Spirit through the intercession of Our Lady for the conversion of the whole world. All ages welcome! For more information and to register visit holyspiritchurch.us/youth/middle-school/militia-immaculata.

Help Those in Prison by Baking Cookies

The KAIROS Prison Ministry will be offering a Christian retreat starting on April 19.

Catholic Charities' Prison Ministry needs cookies to offer to the inmates who attend.

Our parish goal is 100 dozen homemade cookies.

Please contact Marsha Zamperini by April 10 at marsha.zamperini@gmail.com or 703-323-8860 to volunteer!

This outreach is sponsored by the parish Good Samaritan Society.



PRAYERS FOR THE SICK

William V. Arbacas, III
Tom Branagan
Anthony Girata
Donna MacCabe
Mary Popovich
Urfa Samuel
Bud Shumate
Bert van den Horn



GIRLS VOLLEYBALL COACHES NEEDED

The Holy Spirit JCYO Sports Program is in need of Volleyball Coaches for the Spring Program. If you are interested in sharing your time and talents with our parish youth please contact Dennis Smolak at 703 795-7110 or dsmol@aol.com.



JCYO SPRING TENNIS PROGRAM

If you are a member of Holy Spirit Parish, School, are home schooled, or enrolled in CCD, you may be part of the Spring Tennis Program! Practice is every **Saturday, 8:00-9:30 AM, at Wakefield Recreation Center Tennis Courts, starting April 21st-June 9th**. This training program is run by a tennis professional and cost \$35/player. Visit holyspiritchurch.us/ministries/youth/cyo-sports/; select "SPRING TENNIS" to register. For more details contact Dennis Smolak at dsmol@aol.com or 703 503-5397.



BEDDING FOR BABIES

Our Knights will be collecting money in May to purchase cribs for needy moms and babies and the Parish Respect Life group will be collecting bedding during Lent to support them. We need a new or gently used blanket and crib sheet to accompany each crib. To donate, please contact Dawn Beutner at 703 978-1096 or thebeutners@cox.net.



HOLY SPIRIT TRACK TEAM

If you are a student at Holy Spirit School, are home schooled, or enrolled in CCD, you are eligible to participate in the annual Diocesan Track Meet that takes place in early May. Please visit the Parish Website at holyspiritchurch.us/ministries/youth/cyo-sports/ for more information.



WE PRAY FOR THOSE IN THE MILITARY AND SUPPORT SERVICES OVERSEAS

"May the peace of God's presence and our concern for them give them strength"

Maj. Robert J. Bowen	1 st Lt. Jake Conrad
Capt. Jon Conway	Capt. Brian Harper
Sgt. Andrew J. Houston 2 nd	Capt. Patrick Kelly
Capt. Michael Kopa, Jr.	2 nd Lt. Allison Laclede
LCDR Mike Lee	Spec. Jonathan Levine
SSG Greg Manning	Lt. Cory Rank
Lt. Commander Patrick Ronan	Maj. Rufus Shumate, III

Grieving the loss of a loved one?



The next series of the parish
Seasons of Hope Grief Support
Group starts on April 7.

See the bulletin or
the parish office for details.

Holy Spirit Catholic Church

Holy Week & Easter

March 25 Palm Sunday

Masses: 7:30, 9:00, 10:30 am,
12 Noon & 6:00 pm

March 29 Holy Thursday

Mass of the Lord's Supper: 7:30 pm followed by
Adoration at the Altar of Repose until 12 Midnight

March 30 Good Friday

Confessions: 9:00 to 11:00 am
Celebration of the Lord's Passion: 3:00 pm
Divine Mercy Novena: 5:00 pm
Stations of the Cross: 6:45 pm
Good Friday Tenebrae: 7:30 pm

March 31 Holy Saturday

Confessions: 9:30 to 11:30 am
no 3:30 pm confessions
Blessing of Easter Baskets 10:00 am
Divine Mercy Novena: 3:00 pm
Easter Vigil Mass: 8:30 pm

April 1 Easter, Sunday

Masses: 7:00, 9:00, **11:00 am**
12:30 & 6:00 pm
Divine Mercy Novena: 5:30 pm



Tenebrae

OFFICE OF SHADOWS

MATINS & LAUDS OF GOOD FRIDAY
FEATURING ALLEGRI'S "MISERERE MEI"
FOR DOUBLE CHOIR



Good Friday
March 30
7:30 PM

Preceded by
Stations of the Cross
6:45 PM

**HOLY
SPIRIT**
Catholic Church

During Tenebrae, candles are gradually extinguished as each psalm and lesson is proclaimed, leaving only a single lit candle in the representation of Christ, the Light of the World. As the darkness deepens, the faithful reflect with greater intensity on the emotional and physical pain endured by Jesus during His Passion. In the end, the single light piercing the darkness reminds us of the eternal triumph of good over evil."





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whatever is gracious...
think on these things. Phil. 4:8*

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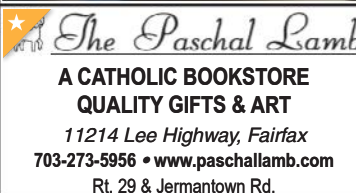
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